

SOUNDARYA LAHARI

SLOKA -1

Ananda Lahari [Waves of Happiness]

शिवः शक्त्या युक्तो यदि भवति शक्तः प्रभवितुं

न चेदेवं देवो न खलु कुशलः स्पन्दितुमपि ।

अतस्त्वामाराध्यां हरिहरविरिञ्चादिभिरपि

प्रणन्तुं स्तोतुं वा कथमकृतपुण्यः प्रभवति ॥१॥

Shivah shakthya yukto yadi bhavati shaktah prabhavitum

Na chedevam devo na khalu kusalah spanditumapi;

Atas tvam aradhyam Hari-Hara-Virinchadibhir api

Pranantum stotum vaa katham akarta-punyah prabhavati

Lord Shiva, only becomes able to do creation in this world along with Shakthi without her. Even an inch he cannot move and so how can, one who does not do good deeds, or one who does not sing your praise, become adequate to worship you oh, goddess mine, who is worshipped by the trinity.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 12 days, and offers cooked raw rice (Havis) as prasadam, one would succeed in all ventures and all obstacles would be removed and resyore happiness.

SOUNDARYA LAHARI

SLOKA -2

Attracting all the World

तनीयांसं पांसुं तव चरणपङ्केरुहभवं

विरिञ्चिस्सञ्चिन्वन् विरचयति लोकानविकलम् ।

वहत्येनं शौरिः कथमपि सहस्रेण शिरसां

हरस्संक्षुद्यैनं भजति भसितोद्धूलनविधिम् ॥ २ ॥

Taniyamsam pamsum tava carana-pankeruha-bhavam

Virincih sanchinvan virachayati lokan avikalam;

Vahaty evam Shaurih katham api sahasrena shirasaam

Harah samksudy'ainam bhajati bhajati bhasito'ddhalama-vidhim.

On his Lord Brahma, the creator of yore, selects a dust from your feet, and creates this world, the great Adishesha with his thousand heads, some how carries dust of your feet, with effort great, and the great lord rudra, takes it and powders it nice, and uses it as the holy ash. The thousand headed serpent who carries the worlds head.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 55 days, and offers Milk Payasam as prasadam, one is said to gain the ability to attract and head the world.

SOUNDARYA LAHARI

SLOKA -3

Attainment of all Knowledge

अविद्यानामन्त- स्तिमिर- मिहिरद्वीपनगरी

जडानां चैतन्य- स्तबक- मकरन्द- स्रुतिझरी ।

दरिद्राणां चिन्तामणिगुणनिका जन्मजलधौ

निमग्नानां दंष्ट्रा मुररिपु- वराहस्य भवति ॥ ३ ॥

Avidyanam antas-timira-mihira-dweeppa-nagari

Jadanam chaitanya-stabaka-makaranda-sruti jhari

Daridranam cinta-mani-gunanika janma-jaladhau

Nimadhanam damshtra mura-ripu-varahasya bhavati.

The dust under your feet, oh goddess great, is like the city of the rising sun, that removes all darkness, unfortunate, from the mind of the poor ignorant one, is like the honey that flows, from the flower bunch of vital action, to the slow witted one, is like the heap of wish giving gems, to the poorest of men, and is like the teeth of lord Vishnu in the form of Varaha, who brought to surface, the mother earth, to those drowned in this sea of birth.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 2000 times every day for 45 days, and offers Vada (made out of Urad Dhal) as prasadam,one is said to attain knowledge and wisdom .

SOUNDARYA LAHARI

SLOKA -4

Removal of all Fears and Curing of Diseases

त्वदन्यः पाणिभ्यामभयवरदो दैवतगणः

त्वमेका नैवासि प्रकटितवराभीत्यभिनया ।

भयात् त्रातुं दातुं फलमपि च वाञ्छासमधिकं

शरण्ये लोकानां तव हि चरणावेव निपुणौ ॥ ४ ॥

Tvad anyah paanibhyam abhaya-varado daivataganah

Tvam eka n'aivasi prakatita-var'abhityabhinaya;

Bhayat tratum datum phalam api cha vancha samadhikam

Saranye lokanam tava hi charanaveva nipunav.

Oh, she who is refuge to all this world, all gods except you mother, give refuge and grants wishes, but only you mother never show the world in detail, the boons and refuge that you can give, for even your holy feet will suffice, to remove fear for ever, and grant boons much more than asked.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 3000 times every day for 36 days, and offers lemon rice as nivedhyam, it is said that all the fears are removed and gives solutions for all types of diseases.

SOUNDARYA LAHARI

SLOKA -5

Attracting of Sexes to Each Other

हरिस्त्वामाराध्य प्रणतजनसौभाग्यजननीं

पुरा नारी भूत्वा पुररिपुमपि क्षोभमनयत् ।

स्मरोऽपि त्वां नत्वा रतिनयनलेह्येन वपुषा

मुनीनामप्यन्तः प्रभवति हि मोहाय महताम् ॥५॥

Haris tvam aradhya pranata-jana-saubhagya-jananim

Pura nari bhutva Pura-ripum api ksobham anayat;

Smaro'pi tvam natva rati-nayana-lehyena vapusha

Muninam apyantah prabhavati hi mohaya mahatam.

You who grant all the good things, to those who bow at your feet, was worshiped by the lord Vishnu, who took the pretty lovable feminine form, and could move the mind of he who burnt the cities, and make him fall in love with him. And the god of love, manmatha, took the form which is like nectar, drunk by the eyes by rathi his wife, after venerating you, was able to create passion, even in the mind of sages the great.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 2000 times every day for 8 days, and cooks Pongal (made from dhal) as nivedhyam, it is said that one can attract the other sex and make love out of it.

SOUNDARYA LAHARI

SLOKA -6

Getting Sons as Progeny

धनुः पौष्पं मौर्वी मधुकरमयी पञ्च विशिखाः

वसन्तः सामन्तो मलयमरुदायोधनरथः ।

तथाप्येकः सर्वं हिमगिरिसुते कामपि कृपाम्

अपाङ्गात्ते लब्ध्वा जगदिद- मनङ्गो विजयते ॥ ६ ॥

Dhanun paushpam maurvi madhu-kara-mayi pancha visikha

Vasantaha samanto Malaya-marud ayodhana-rathah;

Tatha'py ekah sarvam Himagiri-suthe kam api kripaam

Apangat te labdhva jagadidam Anango vijayate

Oh, daughter of the mountain of ice, with a bow made of flowers, bow string made of honey bees, five arrows made of only tender flowers, with spring as his minister, and riding on the chariot of breeze from Malaya mountains the god of love who does not have a body, gets the sideways glance of your holy eyes, and is able to win all the world alone.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 500 times every day for 21 days, and offer Sugarcane to the Lord as prasadam, one is said to be blessed with a son to protect the riches of the family.

SOUNDARYA LAHARI

SLOKA -7

Seeing the Goddess in person, Winning over enemies

क्वणत्काञ्चीदामा करिकलभकुम्भस्तननता

परिक्षीणा मध्ये परिणतशरच्चन्द्रवदना ।

धनुर्बाणान् पाशं सृणिमपि दधाना करतलैः

पुरस्तादास्तां नः पुरमथितुराहोपुरुषिका ॥ ७ ॥

Kvanat-kanchi-dama kari-kalabha-kumbha-stana-nata

Pariksheena madhye parinata-sarachandra-vadana;

Dhanur banan pasam srinim api dadhana karatalaii

Purastad astam noh Pura-mathitur aho-purushika.

With a golden belt, adorned by tiny tingling bells, slightly bent by breasts like the two frontal globes of an elephant fine, with a thin pretty form, and with a face like the autumn moon, holding in her hands, a bow of sugar cane, arrows made of flowers, and the noose and goad, she who has the wonderful form, of the ego of the god who burnt the three cities, should please come and appear before us.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants **this** verse 1000 times every day for 12 days, and offers Payasam and rice to the Lord as prasadam, it is said to be believed that one can see the lord in person and win over all the enemies.

SOUNDARYA LAHARI

SLOKA -8

Avoiding Birth and Death

सुधासिन्धोर्मध्ये सुरविटपिवाटीपरिवृते

मणिद्वीपे नीपोपवनवति चिन्तामणिगृहे ।

शिवाकारे मञ्चे परमशिवपर्यङ्कनिलयां

भजन्ति त्वां धन्याः कतिचन चिदानन्दलहरीम् ॥ ८ ॥

Sudha-sindhor madhye sura-vitapi-vati parivrte

Mani-dweepe nipo'pavana-vathi chintamani-grhe;

Shivaakare manche Parama-Shiva-paryanka-nilayam

Bhajanti tvam dhanyah katichana chid-ananda-laharim.

In the middle of the sea of nectar, in the isle of precious gems, which is surrounded by wish giving kalpataru trees, in the garden kadamba trees, in the house of the gem of thought, on the all holy seat of the lap of the great god Shiva, sits she who is like a tide In the sea of happiness of ultimate truth, and is worshipped by only by feselect holy men.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 12 days, and offers Payasam and rice to the Lord as prasadam, it is said to be believed that one can avoid birth and death.

SOUNDARYA LAHARI

SLOKA -9

For Safe Return of Persons who are on Journey and For Getting Eight Types of Wealth

महीं मूलाधारे कमपि मणिपूरे हुतवहं
स्थितं स्वाधिष्ठाने हृदि मरुतमाकाशमुपरि ।
मनोऽपि भ्रूमध्ये सकलमपि भित्वा कुलपथं
सहस्रारे पद्मे सह रहसि पत्या विहरसे ॥९॥

Mahim muladhare kamapi manipure huthavaham
Sthitham svadhistane hridi marutamakasam upari;
Mano'pi bhruu-madhye sakalamapi bhittva kula-patham
Sahasrare padme saha rahasi patyaa viharase.

Oh goddess mine, you live in seclusion with your consort, in the lotus with thousand petals, reached after breaking through the micro ways, of the power of earth mooladhara, of the power of water of mani poora, of the power of fire of swadhishtana, of the fire of air in the heart, and of the power of ether in between the eyelids.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times every day for 45 days, and offers Milk Payasam and to the Lord as nivedyam , it is said to believe that it is to bring back the person who is lost or who is on a long journey and to get all types of wealth.

SOUNDARYA LAHARI

SLOKA -10

Getting Strong Body and Virility

सुधाधारासारैश्चरणयुगलान्तर्विगलितैः

प्रपञ्चं सिञ्चन्ती पुनरपि रसाम्नायमहसः ।

अवाप्य स्वां भूमिं भुजगनिभमध्युष्टवलयं

स्वमात्मानं कृत्वा स्वपिषि कुलकुण्डे कुहरिणि ॥१०॥

Sudha-dhara-sarais carana-yugalanta vigalitaih

Prapancham sinchanti punarapi ras'amnaya-mahasah;

Avapya svam bhumim bhujaga-nibham adhyusta-valayam

Svam atmanam krtva svapishi kulakunde kuharini

Using the nectar that flows in between your feet, to drench all the nerves of the body, and descending from the moon with nectar like rays, reaching back to your place, and coiling your body in to a ring like serpent, you sleep in the kula kunda with a hole in the middle another name for mooladhara chakra.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 6 days, and offers fruits as nivedhyam , one is said to be blessed with a strong and good health.

SOUNDARYA LAHARI

SLOKA -11

Good Progeny, Getting a Meaning for Life

चतुर्भिः श्रीकण्ठैः शिवयुवतिभिः पञ्चभिरपि

प्रभिन्नाभिः शम्भोर्नवभिरपि मूलप्रकृतिभिः ।

चतुश्चत्वारिंशद्वसुदलकलाश्रित्रिवलय-

त्रिरेखाभिः सार्धं तव शरणकोणाः परिणताः ॥११॥

Chaturbhih shri-kantaih shiva-yuvatibhih panchabhir api
Prabhinnabhih sambhor navabhir api mula-prakrthibhih;
Chatus-chatvarimsad vasu-dala-kalasra-trivalaya-
Tri-rekhabhih sardham tava sarana-konah parinatah

With four wheels of our lord Shiva ,and with five different wheels of you, my mother, which are the real basis of this world, your house of the holy wheel, has four different parts of eight and sixteen petals, three different circles, and three different lines, making a total of forty four angles.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 8 days, and offers Kula Payasam as nivedhyam , one is said to be blessed with a lovely male baby to represent their family 's riches and name.

SLOKA -12

ETERNAL WORKS OF SHRI ADI SHANKARA

SOUNDARYA LAHARI

To attain Lord Shiva and to make a Dumb Man Speak

त्वदीयं सौन्दर्यं तुहिनगिरिकन्ये तुलयितुं

कवीन्द्राः कल्पन्ते कथमपि विरिञ्चिप्रभृतयः ।

यदालोकौत्सुक्यादमरललना यान्ति मनसा

तपोभिर्दुष्प्रापामपि गिरिशसायुज्यपदवीम् ॥ १२ ॥

Tvadiyam saundaryam Tuhina-giri-kanye tulayitum
Kavindraha kalpante katham api Virinchi-prabhrutayah;
Yadaloka'utsukyad amara-lalana yanti manasa
Tapobhir dus-prapam api girisa-sayujya-padavim.

Oh, daughter of Ice Mountain, even the creator who leads, an array of great poets, fails to describe your sublime beauty. The heavenly maidens pretty, with a wish to see your pristine loveliness, try to see you through the eyes your lord, the great Shiva, and do penance to him and reach him through their mind.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 45 days, and offers honey as nivedhyam , it is said to be believed that even the dumb person can speak and also can attain Lord Mahadheva.

SOUNDARYA LAHARI

SLOKA -13

Victory in the matters of Love

नरं वर्षीयांसं नयनविरसं नर्मसु जडं
तवापाङ्गालोके पतितमनुधावन्ति शतशः ।

गलद्वेणीबन्धाः कुचकलशविस्रस्तसिचया

हठात् त्रुद्यत्काञ्च्यो विगलितदुकूला युवतयः ॥ १३ ॥

Naram varshiyamsam nayana virasam narmasu jadam,

Thava panga loke pathitha manudhavanthi sathasa

Gala dweni bhandha kuch kalasa visthrutha sichaya

Hatath thrudyath kanchyho vicalidha dhukoola yuva thaya.

With disheveled hair, with upper cloths slipping from their busts, with the lock of the golden belt getting open due to the haste, and with saris slipping away from their shoulders, hundreds of young lasses, run after the men, who get your sidelong glance, even though they are very old, bad looking and not interested in love sports.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 6 days, and offers Trimadhuram or rice as nivedhyam ,it is said that one can attain victory in love.

SOUNDARYA LAHARI

SLOKA -14

Avoiding Famine, Dacoity and Epidemic

क्षितौ षट्पञ्चाशद् द्विसमधिकपञ्चाशदुदके

हुताशे द्वाषष्टिश्चतुरधिकपञ्चाशदनिले ।

दिवि द्विषट्त्रिंशन्मनसि च चतुष्षष्टिरिति ये

मयूखास्तेषामप्युपरि तव पादाम्बुजयुगम् ॥१४॥

Ksitau sat-panchasad dvi-samadhika-panchasadudake

Hutase dva-sastis chatur-adhika-panchasad anile;

Divi dvih-shatrimsan manasi cha chatuh-sashtir iti ye

Mayukhastesham athyupari tava padambuja yugam.

Your two holy feet are far above, the fifty six rays of the essence of earth of mooladhara, the fifty two rays of the essence of water of mani pooraka, the sixty two rays of the essence of fire of swadhishtana, the fifty four rays of the essence of air of anahatha, the seventy two rays of the essence of ether of visuddhi, and the sixty four rays of the essence of mind of Agna chakra.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 45 days, and offers Milk Payasam as nivedhyam , it is said that we can avoid famine ,dacoity and epidemics.

SOUNDARYA LAHARI

SLOKA -15

Ability to Write Poems and ability to Become Scholar

शरज्ज्योत्स्नाशुद्धां शशियुतजटाजूटमकुटां

वरत्रासत्राणस्फटिकघटिकापुस्तककराम् ।

सकृन्न त्वा नत्वा कथमिव सतां सन्निदधते

मधुक्षीरद्राक्षामधुरिमधुरीणाः भणितयः ॥१५॥

Saraj-jyotsna-shuddham sasi-yuta-jata-juta-makutam

Vara-traasa-traana-sphatika-ghutika-pustaka karaam;

Sakrn na thva nathva katham iva sathaam sannidadhate

Madhu-kshira-drakhsa-madhurima-dhurinah phanitayah.

Sweetest words rivaling the honey, milk and grapes, can only come to the thoughts of the devotee, who once meditates on your face, which is like the white autumn moon, on your head with a crown with the crescent moon and flowing hair, and hands that shower boons and give protection, which hold the crystal chain of beads and books.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 45 days, and offers Honey, fruits and sugar as nivedhyam , one is said to gain the ability to write poems and become a scholar.

SOUNDARYA LAHARI

SLOKA -16

Mastery of Vedas

कवीन्द्राणां चेतःकमलवनबालातपरुचिं

भजन्ते ये सन्तः कतिचिदरुणामेव भवतीम् ।

विरिञ्चिप्रेयस्यास्तरुणतरशृङ्गारलहरी-

गभीराभिर्वाग्भिर्विदधति सतां रञ्जनममी ॥१६॥

Kavindranam chetah-kamala-vana-baal'atapa-ruchim

Bhajante ye santah katichid arunameva bhavatim;

Virinchi-preyasyas tarunatarasringara-lahari-

Gabhirabhi vagbhir vidadhati satam ranjanamami.

She who is the purple luster of the dawn, to the lotus forest like mind, of the kings of poets of the world, and thus called aruna-the purple colored one, creates happiness in the mind of the holy, with tender passionate wave of words,[of sarswathi the darling of Brahma,]which are royal and youthful.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 45 days, and offers Honey, as nivedhyam , one is said to be the master Vedas and Upanishads.

SOUNDARYA LAHARI

SLOKA -17

Mastery over Words and Knowledge of Science

सवित्रीभिर्वाचां शशिमणिशिलाभङ्गरुचिभिः

वशिन्याद्याभिस्त्वां सह जननि संचिन्तयति यः ।

स कर्ता काव्यानां भवति महतां भङ्गरुचिभिः

वचोभिर्वाग्देवीवदनकमलामोदमधुरैः ॥१७॥

Savitribhir vacham Chasi-mani-sila-bhanga-rucibhir

Vasiny'adyabhis tvam saha janani samchintayati yah;

Sa karta kavyanam bhavati mahatam bhangi-rucibhih

Vacobhi vagdevi-vadana-kamal'amoda madhuraii.

Oh, mother holy, he who worships you, along with the goddess likvasini, where the prime source of words, and you who are having the great luster, got by breaking the moon stone, becomes the author of great epics, which shine like those written by great ones, and which have the sweet scent of the face of the goddess of knowledge.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 45 days, and offers Honey,Milk, sugarcane and sugar as nivedhyam , one is said to be the master of sciences and Shastras.

SOUNDARYA LAHARI

SLOKA -18

Victory in Love

तनुच्छायाभिस्ते तरुणतरुणिश्रीसरणिभिः

दिवं सर्वामुर्वीमरुणिमनि मग्नां स्मरति यः ।

भवन्त्यस्य त्रस्यद्वनहरिणशालीननयनाः

सहोर्वश्या वश्याः कति कति न गीर्वाणगणिकाः ॥ १८ ॥

Thanuschayabhi sthe tharuna-tharuni -srisarinibhi

Divam sarva-murvi-marunimani magnam smaranthi ya

Bhavanthasya thrasya-dhwana-harina shaleena nayana

Sahervasya vasya kathikathi na geervana Ganika

He who meditates on, the luster of your beautiful body, which is blessed by the rising sun, and which dissolves the sky and the world light purple hue, makes celestial damsels like uravasi and others, who have eyes like the wild startled deer, follow him like slaves.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 45 days, and offers Honey,milk and thambula as nivedhyam , one can achieve everything in the matters of love.

SOUNDARYA LAHARI

SLOKA -19

Victory in Love

मुखं बिन्दुं कृत्वा कुचयुगमधस्तस्य तदधो

हरार्धं ध्यायेद्यो हरमहिषि ते मन्मथकलाम् ।

स सद्यः संक्षोभं नयति वनिता इत्यतिलघु

त्रिलोकीमप्याशु भ्रमयति रवीन्दुस्तनयुगाम् ॥१९॥

Mukham bindun kruthva kucha yuga mada sthasya thadha dho

Harardha dhyayedhyo haramamahishi the manmathakalam

Sa sadhya samkshebbham nayathi vanitha inyathiladhu

Thrilokimapyasu bramayathi ravindu sthana yugam.

Hey, mother who is goddess of all universe, he who meditates on you, as the crescent of love of our lord great, on the dot of the holy wheel, your two busts just below, and you as the half of Shiva, our lord, not only creates waves of emotion in ladies, but charms the world, which has moon and sun as busts.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 25 days, and offers Honey,milk and payasam as nivedhyam , one can achieve victory in of love.

SOUNDARYA LAHARI

SLOKA -20

Curing of all Poisons and curing of all Fevers

किरन्तीमङ्गेभ्यः किरणनिकुरम्बामृतरसं

हृदि त्वामाधत्ते हिमकरशिलामूर्तिमिव यः ।

स सर्पाणां दर्पं शमयति शकुन्ताधिप इव

ज्वरप्लुष्टान् दृष्ट्या सुखयति सुधाधारसिरया ॥ २० ॥

Kirantim angebhyah kirana-nikurumba'mrta-rasam

Hrdi tvam adhatte hima-kara-sila murthimiva yah;

Sa sarpanam darpam samayati sakuntadhipa iva

Jvara-plustan drshtya sukhayati sudhadhara-siraya.

He who meditates in his mind, on you who showers nectar from all your limbs, and in the form which resembles, the statue carved out of moonstone, can with a single stare, put an end to the pride of snakes, and with his nectar like vision, cure those afflicted by fever.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 25 days, and offers milk payasam as nivedhyam , one can achieve victory in love.

SOUNDARYA LAHARI

SLOKA -21

Attracting Everyone and Making Everyone Happy

तटिल्लेखातन्वीं तपनशशिवैश्वानरमयीं

निषण्णां षण्णामप्युपरि कमलानां तव कलाम् ।

महापद्माटव्यां मृदितमलमायेन मनसा

महान्तः पश्यन्तो दधति परमाह्लादलहरीम् ॥ २१ ॥

Tatil-lekha-thanvim thapana-sasi-vaisvanara-mayim

Nishannam shannam apy upari kamalanam tava kalaam;

Maha-padma tavyam mrdita-mala-mayena manasa

Mahantah pasyanto dadhati parama'hlada-laharim.

Those souls great, who have removed all the dirt from the mind, and meditate on you within their mind, who is of the form of sun and moon, and living in the forest of lotus, and also above the six wheels of lotus, enjoy waves after waves, of happiness supreme.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times every day for 11 days, and offers honey and fruits as nivedyam , one can make others to be happy always.

SOUNDARYA LAHARI

SLOKA -22

Getting all Powers

भवानि त्वं दासे मयि वितर दृष्टिं सकरुणा-

मिति स्तोतुं वाञ्छन् कथयति भवानि त्वमिति यः ।

तदैव त्वं तस्मै दिशसि निजसायुज्यपदवीं

मुकुन्दब्रह्मेन्द्रस्फुटमकुटनीराजितपदाम् ॥ २२ ॥

Bhavani tvam daase mayi vitara drishtim sakarunam

Iti sthotum vanchan kadhayati Bhavani tvam iti yah;

Tadaiva tvam tasmai disasi nija-sayujya-padavim

Mukunda-brahmendra-sphuta-makuta-nirajita-padam.

If any one has wish in his mind to pray, you, bhavani, my mother, please shower on me, a part of your merciful look, you my goddess, would give to him the water, falling from the crowns, of Vishnu, rudra and Brahma, at your feet, and grant him, the eternal life in your world.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants these verse 1000 times each day for 45 days, offering variety rice as prasadam, it is said that one would be able to conquer kingdoms.

SOUNDARYA LAHARI

SLOKA -23

Getting all Riches

त्वया हृत्वा वामं वपुरपरितृप्तेन मनसा
शरीरार्धं शम्भोरपरमपि शङ्के हृतमभूत् ।

यदेतत्त्वद्रूपं सकलमरुणाभं त्रिनयनं

कुचाभ्यामानम्रं कुटिलशशिचूडालमकुटम् ॥ २३ ॥

Tvaya hrithva vamam vapur aparitripthena manasa

Sarir'ardham sambhor aparam api sankhe hritham abhut;

Yad ethat tvadрупam sakalam arunabham trinayanam

Kuchabhyam anamram kutila-sadi-chuudala-makutam.

Your form in my mind, is the color of red of the rising sun, is adorned with three eyes, has two heavy busts, is slightly bent, and wears a crown with the crescent moon, and hence arises a doubt in me, that you were not satisfied, by half the body of shambu that he gave, and occupied all his body.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants these verse 1000 times each day for 45 days, offering Payasam and vada (made out of urad dhal) as prasadam, it is said that one would be able to get all riches.

SOUNDARYA LAHARI

SLOKA -24

Management of Fear of Bhoothas, Prethas and Pishachas

जगत्सूते धाता हरिरवति रुद्रः क्षपयते

तिरस्कुर्वन्नेतस्वमपि वपुरीशस्तिरयति ।

सदापूर्वः सर्वं तदिदमनुगृह्णाति च शिव-

स्तवाज्जामालम्ब्य क्षणचलितयोर्भ्रूलतिकयोः ॥ २४ ॥

Jagat suthe dhata harir avati rudrah kshapayate

Tiraskurvan etat svam api vapurisastirayati;

Sada-purvah sarvam tad idamanugrhnati cha Shiva-

Stavajnam aalambya kshana-chalitayor bhru-latikayoh.

Brahma creates the world, Vishnu looks after it, Shiva destroys it, Easwara makes them disappear, and also disappears himself, and Sadashiva blesses them all, by your order given to him, by a momentary move of your eyebrows.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 20 days, offering honey, black dal vada and til rice as prasadam, it is said that one would be defended against fear from all ghosts, ghouls and ill-effects of black magic.

SOUNDARYA LAHARI

SLOKA -25

Getting higher Post and Power

त्रयाणां देवानां त्रिगुणजनितानां तव शिवे

भवेत् पूजा पूजा तव चरणयोर्या विरचिता ।

तथा हि त्वत्पादोद्बहनमणिपीठस्य निकटे

स्थिता ह्येते शश्वन्मुकुलितकरोत्तंसमकुटाः ॥ २५ ॥

Trayanam devanam thri-guna-janitanam tava Sive

Bhavet puja puja tava charanayor ya virachita;

Tatha hi tvat-pado'dvahana-mani-pithasya nikate

Sthita hy'ete sasvan mukulita-karottamsa-makuta

Consort of shiva, the worship done at the base of your feet, is the worship done to the holy trinity, born based on your trine properties. This is so true, oh mother, because don't the trinity; always stand with folded hands, kept on their crown near the jeweled plank, which carries thin feet.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering honey as prasadam, it is said that one would be able to hold positions of power.

SOUNDARYA LAHARI

SLOKA -26

Destruction of Enemies

विरिञ्चिः पञ्चत्वं व्रजति हरिराप्नोति विरतिं

विनाशं कीनाशो भजति धनदो याति निधनम् ।

वितन्त्री माहेन्द्री विततिरपि संमीलितदृशा

महासंहारेऽस्मिन् विहरति सति त्वत्पतिरसौ ॥ २६ ॥

Virincih panchatvam vrajati harir apnoti virathim

Vinasam kinaso bhajati dhanado yati nighanam;

Vitandri mahendri vithathir api sammeelita-drsa

Maha-samhare smin viharati sati tvat-patirasau.

The creator reaches the dissolution, the Vishnu attains death, the god of death even dies, Kubera the lord of wealth expires, the indras close their eyes one after one, and attain the wake less sleep, during the final deluge, but you my chaste mother, play with your consort the Sadashiva.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 6 consecutive new moon days, offering sweet pongal as prasadam, it is said that one would be able to overcome his enemies.

SOUNDARYA LAHARI

SLOKA -27

Realisation of Self and Ultimate Truth

जपो जल्पः शिल्पं सकलमपि मुद्राविरचना

गतिः प्रादक्षिण्यक्रमणमशनाद्याहुतिविधिः ।

प्रणामस्संवेशस्सुखमखिलमात्मार्पणदृशा

सपर्यापर्यायस्तव भवतु यन्मे विलसितम् ॥ २७ ॥

Japo jalpah shilpam sakalam api mudra-virachana

Gatih pradaksinya-kramanam asanady'ahuti-vidhih;

Pranamah samvesah sukham akilam atmarpana-drsa

Saparya-paryayas tava bhavatu yan me vilasitam.

Let the mutterings that i do, with the sacrifice in my soul. Become chanting of your name, let all my movements become thine mudhras, let my travel become perambulations around thee, let the act of eating and drinking become fire sacrifice to thee, let my act of sleeping becomes salutations to you, and let all actions of pleasure of mine, become parts of thine worship.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering milk as prasadam, it is said that one would be able to attain self realization.

SOUNDARYA LAHARI

SLOKA -28

Fear of Poison and Untimely Death

सुधामप्यास्वाद्य प्रतिभयजरामृत्युहरिणी
विपद्यन्ते विश्वे विधिगतमखाद्या दिविषदः ।
करालं यत्क्ष्वेलं कबलितवतः कालकलना

न शम्भोस्तन्मूलं तव जननि ताटङ्कमहिमा ॥ २८ ॥

Sudham apy asvadya pratibhaya-jaraa-mrtyu-harinim

Vipadyante visve Vidhi-Satamakhadya divishadah;

Karalam yat kselam kabalitavatah kaala-kalana

Na Sambhos tan-mulam tava janani tadanka-mahima.

Oh, mother mine, Gods like Indra and brahma, Who have drunk deep the nectar divine, Which removes the cruel aging and death, Do die and disappear. But Shambu thy consort, who swallowed poison that is potent, Does never die, Because of the greatness, Of thine ear studs.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering trimadhuram, milk payasam and thambula as prasadam, it is said that one would be able to overcome fear of poison and achieve success in all respects.

SOUNDARYA LAHARI

SLOKA -29

Avoiding Abortions and Taming Bad People

किरीटं वैरिञ्चं परिहर पुरः कैटभभिदः

कठोरे कोटीरे स्वलसि जहि जम्भारिमुकुटम् ।

प्रणम्रेष्वेतेषु प्रसभमुपयातस्य भवनं

भवस्याभ्युत्थाने तव परिजनोक्तिर्विजयते ॥ २९ ॥

Kiritam vairincham parihara purah kaitabha bhidah

Katore kotire skalasi jahi jambhari-makutam;

Pranamreshwateshu prasabha mupayatasya bhavanam

Bhavasy'abhyutthane tava parijanoktir vijayate.

Yours escorts divine, shout with concern at thee. Avoid the crown of brahma, you may hit your feet, at the hard crown of Vishnu, who killed the ogre kaidaba, avoid the crown of Indra, when you get up and rush in a hurry, to receive thine lord who comes to your place.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering kulaannam (Dhal Rice) as prasadam, it is said that one would be able to avoid miscarriage.

SOUNDARYA LAHARI

SLOKA -30

Entering another Body

स्वदेहोद्भूताभिर्घृणिभिरणिमाद्याभिरभितो

निषेव्ये नित्ये त्वामहमिति सदा भावयति यः ।

किमाश्चर्यं तस्य त्रिनयनसमृद्धिं तृणयतो

महासंवर्ताग्निर्विरचयति निराजनविधिम् ॥ ३० ॥

Sva-deh'odbhutabhir ghrnibhir animadyabhir abhito

Nishevye nitye tvamahamiti sada bhavayati yah;

Kim-ascharyam tasya tri-nayana-samrddhim trinayato

Maha-samvartagnir virchayati nirajana-vidhim.

It is not surprising to know, oh mother, who does not have birth and death, and who is most suitable to be served, that the destroying fire of the deluge, shows prayerful harathi to the one Who considers you,[who is of the form of rays, and is surrounded on all four sides, by the angels of power called anima,]as his soul always, and who considers the wealth of the three eyed god, as worthless and as equal to dried grass.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 96 days, offering Trimadhuram, honey, kulaannam (Dhal Rice) and thambulam as prasadam, it is said that one would be able to enter another body.

SOUNDARYA LAHARI

SLOKA -31

Attraction of Everything

चतुष्पष्ट्या तन्त्रैः सकलमतिसंधाय भुवनं

स्थितस्तत्तत्सिद्धिप्रसवपरतन्त्रैः पशुपतिः ।

पुनस्त्वन्निर्वन्धादखिलपुरुषार्थैकघटना-

स्वतन्त्रं ते तन्त्रं क्षितितलमवातीतरदिदम् ॥ ३१ ॥

Cautuh-shashtya tantraih sakalam atisamdhaya bhuvanam

Sthitas tat-tat-siddhi-prasava-para-tantraih pasupatih;

Punas tvan-nirbandhad akhila-purusarth'aika ghatana-

Svatantram te tantram khsiti-talam avatitaradidam.

The lord of all souls, Pasupathi, did create the sixty four thanthras, each leading to only one desired power, and started his relaxation. But you goaded him mother, to create in this mortal world. Your tantra called Sri Vidya which grants the devotee, all powers that give powers, over all the states in life.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering, honey, milk and fruits as prasadam, it is said that one would be able get the attraction of everything.

SOUNDARYA LAHARI

SLOKA -32

Long Life and Attracting Everything

शिवः शक्तिः कामः क्षितिरथ रविः शीतकिरणः

स्मरो हंसः शक्रस्तदनु च परामारहरयः ।

अमी हल्लेखाभिस्तिसृभिरवसानेषु घटिता

भजन्ते वर्णास्ते तव जननि नामावयवताम् ॥ ३२ ॥

Sivah saktih kamah kshitir atha ravih sithakiranah

Smaro hamsah sakrastadanu cha para-mara-harayah;

Amee hrillekhabhis tirsbhir avasanesu ghatitha

Bhajante varnaste tava janani nam'avayavatham.

She who is mother of us all, the seed letter ka of my lord Shiva, the seed letter a of goddess Shakthi, the seed letter ee of the god of love, the seed letter la of earth, the seed letter ha of the sun god, the seed letter sa of the moon with cool rays she seed letter ka of again the god of love, the seed letter ha of the sky, the seed letter la of Indra, the king of devas, the seed letter sa of para, the seed letter ka of the god of love, the seed letter la of the lord Vishnu, along with your seed letters hrim, which joins at the end of each of the three holy wheels, become the holy word to worship you. [This stanza gives indirectly the most holy Pancha dasakshari manthra which consists of three parts viz., ka-aa-ee-la-hrim at the end of Vagbhava koota, ha-sa-ka-ha-la-hrin at the end of kama raja koota and sa-ka-la-hrim at the end of Shakthi koota. These parts are respectively called Vahni kundalini, Surya Kundalini and Soma kundalini.]

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering, curd rice ,dhal(urad) vada and sweet pongal as prasadam, it is said that one would be able get the attraction of everything and lead a long happy life.

SOUNDARYA LAHARI

SLOKA -33

All Benefits

स्मरं योनिं लक्ष्मीं त्रितयमिदमादौ तव मनो-

निधायैके नित्ये निरवधिमहाभोगरसिकाः ।

भजन्ति त्वां चिन्तामणिगुननिबद्धाक्षवलयः

शिवाग्नौ जुहन्तः सुरभिघृतधाराहुतिशतैः ॥ ३३ ॥

Smaram yonim lakshmim trithayam idam adau tava manor

Nidhay'aike nitye niravadhi-maha-bhoga-rasikah;

Bhajanti tvam chintamani-guna-nibaddh'aksha-valayah

Sivagnau juhvantah surabhi-ghrta-dhara'huti-sataih.

Oh, mother who is ever present, those who realize the essence, of the limitless pleasure of the soul you give, and who add the seed letter iim of the god of love, the seed letter hrim of the goddess Bhuvaneshwari, and the seed letter srim of the goddess Lakshmi, which are the three letter triad, wear the garland of the gem of thoughts, and offer oblations to the fire in triangle of Shiva, with the pure scented ghee of the holy cow, Kamadhenu, several times and worship you.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering, Muthgannam(Vennpongal), variety rice and honey prasadam, it is said that one would be able to attain all benefits.(would get 10 times more than what you actually possess)

SOUNDARYA LAHARI

SLOKA -34

Solution to water related diseases

शरीरं त्वं शम्भोः शशिमिहिरवक्षोरुहयुगं
तवात्मानं मन्ये भगवति नवात्मानमनघम् ।

अतश्शेषशेषीत्ययमुभयसाधारणतया

स्थितः संबन्धो वां समरसपरानन्दपरयोः ॥ ३४ ॥

Sariram twam sambhoh sasi-mihira-vakshoruha-yugam

Tav'atmanam manye bhagavati nav' atmanam anagham;

Atah seshah seshityayam ubhaya-saadharana taya

Sthitah sambandho vaam samarasa-parananda-parayoh.

Oh goddess supreme always see in my minds eye, that your body with sun and moon, as busts is the body of Shiva, and his peerless body with nine surrounding motes, is your body, my goddess and so the relation of, that which has, and he who has, becomes the one perfect relation of happiness, and becomes equal in each of you.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering, honey, pepper mixed in ghee as prasadam, it is said that one would be able to overcome water related disorders.

SOUNDARYA LAHARI

SLOKA -35

Curing of Tuberculosis

मनस्त्वं व्योम त्वं मरुदसि मरुत्सारथिरसि

त्वमापस्त्वं भूमिस्त्वयि परिणतायां न हि परम् ।

त्वमेव स्वात्मानं परिणमयितुं विश्ववपुषा

चिदानन्दाकारं शिवयुवति भावेन बिभृषे ॥ ३५ ॥

Manas tvam vyoma tvam marud asi marut saarathir asi

Tvam aastvam bhoomis tvayi parinathayam na hi param;

Tvam eva svatmanam parinamayithum visva-vapusha

Chidanand'aakaram Shiva-yuvati-bhaavena bibhrushe.

Mind you are, ether you are, air you are, fire you are, water you are, earth you are, and you are the universe, mother, there is nothing except you in the world, but to make believe your form as the universe, you take the role of wife of Shiva, and appear before us in the form of ethereal happiness.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering, honey,sugar and payasam as prasadam, it is said that one would be able to overcome tuberculosis.

SOUNDARYA LAHARI

SLOKA -36

Curing of all Diseases

तवाज्ञाचक्रस्थं तपनशशिकोटिद्युतिधरं

परं शम्भुं वन्दे परिमिलितपाश्र्वं परचिता ।

यमाराध्यन् भक्त्या रविशशिशुचीनामविषये

निरालोकेऽलोके निवसति हि भालोकभवने ॥ ३६ ॥

Tavaagna chakrastham thapana shakthi koti dhyudhidharam,

Param shambhum vande parimilitha -paarswa parachitha

Yamaradhyan bhakthya ravi sasi suchinama vishaye

Niraalokeloke nivasathi hi bhalokha bhuvane

The one who worships Parameshwara, who has the luster of billions of moon and sun and who lives in thine agna chakra - the holy wheel of order, and is surrounded by thine two forms, on both sides, would forever live, in that world where rays of sun and moon do not enter, but which has its own luster, and which is beyond the sight of the eye, but is different from the world we see.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times each day for 45 days, offering,athrusam(made out of rice flour and jaggery),vada and payasamas prasadam, it is said that one would be able to overcome all diseases.

SOUNDARYA LAHARI

SLOKA -37

Removal of Bhootha, Pretha, Pisacha and Brahma Rakshasa

विशुद्धौ ते शुद्धस्फटिकविशदं व्योमजनकं

शिवं सेवे देवीमपि शिवसमानव्यवसिताम् ।

ययोः कान्त्या यान्त्याः शशिकिरणसारूप्यसरणे-

विधूतान्तर्धान्ता विलसति चकोरीव जगती ॥ ३७ ॥

Vishuddhou the shuddha sphatika visadham vyoma janakam

Shivam seve devimapi siva samana vyavasitham

Yayo kaanthya sasi kirana saaroopya sarane

Vidhoo thantha dwarvantha vilamathi chakoriva jagathi

I bow before the Shiva, who is of the pure crystal form, in thine supremely pure wheel and who creates the principle of ether, and to you my mother, who has same stream of thought as him. i bow before you both, whose moon like light, forever removes the darkness of ignorance, forever from the mind, and which shines like the chakora bird, playing in the full moon light.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 5000 times each day for 45 days, offering, payasam, fruits, coconut and dhal(urad) vada as prasadam, it is said that one would be able to get rid of all evils.

SOUNDARYA LAHARI

SLOKA -38

Curing of Sickness during Childhood

समुन्मीलत् संवित् कमलमकरन्दैकरसिकं

भजे हंसद्वन्द्वं किमपि महतां मानसचरम् ।

यदालापादष्टादशगुणितविद्यापरिणति-

र्यदादत्ते दोषाद् गुणमखिलमङ्ग्यः पय इव ॥ ३८ ॥

Samunmeelath samvithkamala makarandhaika rasikam

Bhaje hamsadwandham kimapi mahatham maanasacharam

Yadhalapaa dhashtadasa gunitha vidhyaparinathi

Yadadhathe doshad gunamakhila madhbhaya paya eva

I pray before the swan couple, who only enjoy the honey, from the fully open, lotus flowers of knowledge, and who swim in the lake, which is the mind of great ones, and also who can never be described from them come the eighteen arts, and they differentiate the good from the bad, like the milk from water.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 5000 times each day for 45 days, offering whatever you desire as prasadam(apeeshta), all the sickness during the childhood days are cured.

SOUNDARYA LAHARI

SLOKA -39

To eliminate the fear of bad dreams

तव स्वाधिष्ठाने हुतवहमधिष्ठाय निरतं

तमीडे संवर्तं जननि महतीं तां च समयाम् ।

यदालोके लोकान् दहति महति क्रोधकलिते

दयार्द्रा या दृष्टिः शिशिरमुपचारं रचयति ॥ ३९ ॥

Thava swadhishtane huthavahamadhishtaya niratham

Thameede sarvatha janani mahathim tham cha samayam

Yadhaloke lokan dhahathi mahasi krodha kalithe

Dhayardhra ya drushti sishiramupacharam rachayathi

Mother, think and worship I of the fire, in your holy wheel of swadishtana, and the rudra who shines in that fire, like the destroying fire of deluge, and you who shine there as samaya when that angry fire of look of rudhra, burns the world, then your look drenches it in mercy, which treats and cools it down.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 108 times each day for 12 days, offering, pongal, milk payasam and honey as prasadam, it is said that one would be eliminate the fear of bad dreams.

SOUNDARYA LAHARI

SLOKA -40

Blessings from Lakshmi, Realization of Good Dreams, not seeing Bad Dreams

तटित्वन्तं शक्त्या तिमिरपरिपन्थिफुरणया

स्फुरन्नानारत्नाभरणपरिणद्धेन्द्रधनुषम् ।

तव श्यामं मेघं कमपि मणिपूरैकशरणं

निषेवे वर्षन्तं हरमिहिरतप्तं त्रिभुवनम् ॥ ४० ॥

Thatithwantham shakthya thimira paree pandhi sphuranaya

Sphuranna na rathnabharana pareenedwendra dhanusham

Thava syamam megham kamapi manipooraika sharanam

Nisheve varshantham haramihira thaptham thribhuvanam.

I bow before that principle, which is in your wheel of manipooraka ,which as Parashakthi shines like the enemy of darkness, which is with the streak of lightning, which is with the shining jewels of precious stones of lightning, which is also black as night, which is burnt by rudhra like the sun of the deluge, and which cools down the three worlds like a strange cloud.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering Pal payasam, betel leaves and areca nut as prasadam, it is said that one would get desirable dreams.

SOUNDARYA LAHARI

SLOKA -41

Seeing the Goddess in person and curing of Sexual Diseases

तवाधारे मूले सह समयया लास्यपरया

नवात्मानं मन्ये नवरसमहाताण्डवनटम् ।

उभाभ्यामेताभ्यामुदयविधिमुद्दिश्य दयया

सनाथाभ्यां जज्ञे जनकजननीमज्जगदिदम् ॥ ४१ ॥

Thavadhare mole saha samayaya lasyaparaya

Navathmanam manye navarasa maha thandava natam

Ubhabhya Methabhyamudaya vidhi muddhisya dhayaya

Sanadhabyam jagne janaka jananimatha jagathidam.

I pray in your holy wheel of mooladhara, you who likes to dance, and calls yourself as samaya, and that lord who performs the great vigorous dance, which has all the shades of nine emotions. This world has you both as parents, because you in your mercy, wed one another, to recreate the world, as the world was destroyed in the grand deluge.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 4000 times a day for 30 days, offering honey, pongalas prasadam, it is said that one would overcome sexual diseases.

SOUNDARYA LAHARI

Part-2 of Soundarya Lahari [The Waves of Beauty]

This stanza till the end describes the great mother Shakthi from head to foot. These are supposed to be composed by the Adhi Sankara himself.

SLOKA -42

Attracting Everything and Curing Diseases caused by Water

गतैर्माणिक्यत्वं गगनमणिभिः सान्द्रघटितं

किरीटं ते हैमं हिमगिरिसुते कीर्तयति यः ।

स नीडेयच्छायाच्छुरणशबलं चन्द्रशकलं

धनुः शौनासीरं किमिति न निबध्नाति धिषणाम् ॥ ४२ ॥

Gathair manikyatvam gagana-manibhih-sandraghatitham.

Kiritam te haimam himagiri-suthe kirthayathi yah;

Sa nideyaschaya-cchurana-sabalam chandra-sakalam

Dhanuh saunasiram kim iti na nibadhnati dhishanam.

Hey daughter of the ice mountain, he who chooses to describe, your crown, bedecked with shining jewels, which are but the transformed form, and arranged very close to one another, of the twelve holy suns, will see the crescent in your crown, in the dazzling light of those jewels, and think them as a rainbow, which is but the bow of Indra.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering milk and sugar as prasadam, it is said that one would overcome water related diseases and attraction towards everything.

SOUNDARYA LAHARI

SLOKA -43

Victory over All

धुनोतु ध्वान्तं नस्तुलितदलितेन्दीवरवनं

घनस्निग्धश्लक्ष्णं चिकुरनिकुरुम्बं तव शिवे ।

यदीयं सौरभ्यं सहजमुपलब्धुं सुमनसो

वसन्त्यस्मिन् मन्ये वलमथनवाटीविटपिनाम् ॥ ४३ ॥

Dhunotu dhvaantam nas tulita-dalit'endivara-vanam

Ghana-snigdha-slakshnam chikura-nikurumbham thava sive;

Yadhiyam saurabhyam sahajamupalabdhum sumanaso

Vasanthyasmin manye vala-madhana-vaati-vitapinam.

Oh, goddess, who is the consort of Shiva, let the darkness of our mind be destroyed, by the crowning glory on your head, which is of like the forest of opened blue lotus flowers, and which is soft, dense and shines with luster believe my mother, that the pretty flowers of Indra's garden, are all forever there, to get the natural scent of thine hair.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering as prasadam, it is said that one would overcome all problems and get victory in all aspects.

SOUNDARYA LAHARI

SLOKA -44

Curing of all Diseases

तनोतु क्षेमं नस्तव वदनसौन्दर्यलहरी-

परीवाहस्रोतःसरणिरिव सीमन्तसरणिः ।

वहन्ती सिन्दूरं प्रबलकवरीभारतिमिर-

द्विषां वृन्दैर्बन्दीकृतमिव नवीनार्ककिरणम् ॥ ४४ ॥

Tanothu kshemam nas tava vadhana-saundarya lahari

Parivaha-sthrotah-saraniriva seemantha-saranih

Vahanti sinduram prabala-kabari-bhara-thimira-

Dvisham brindair bandi-krtham iva navin'arka kiranam;

Oh mother, let the line parting thine hairs, which looks like a canal, through which the rushing waves of your beauty ebbs, and which on both sides imprisons, your vermilion, which is like a rising sun by using your hair which is dark like, the platoon of soldiers of the enemy, protect us and give us peace.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 12 days, offering honey as prasadam, it is said that one would overcome all types of diseases .

If one chants this verse 1009 times a day for 12 days, offering honey as prasadam, it is said that one would attain victory in all respects.

SOUNDARYA LAHARI

SLOKA -45

Blessing of Goddess of Wealth and Utterances becoming a Fact

अरालैः स्वाभाव्यादलिकलभसश्रीभिरलकैः

परीतं ते वक्त्रं परिहसति पङ्केरुहरुचिम् ।

दरस्मेरे यस्मिन् दशनरुचिकिञ्जल्करुचिरे

सुगन्धौ माद्यन्ति स्मरदहनचक्षुर्मधुलिहः ॥ ४५ ॥

Aralaih swabhavyadalikalabha-sasribhiralakaih

Paritham the vakhtram parihasati pankheruha-ruchim;

Dara-smere yasmin dasana-ruchi-kinjalka-ruchire

Sugandhau madhyanti Smara-dahana-chaksur-madhu-lihah.

By nature slightly curled, and shining like the young honey bees your golden thread like hairs, surround your golden face. your face makes fun of the beauty of the lotus and adorned with slightly parted smile, showing the tiers of your teeth, which are like the white tendrils, and which are sweetly scented bewitches the eyes of god, who burnt the god of love.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering trimadhuram as prasadam, it is believed that whatever one utters becomes a true fact.

SOUNDARYA LAHARI

SLOKA -46

Getting Blessed with a Son

ललाटं लावण्यद्युतिविमलमाभाति तव य-

द्वितीयं तन्मन्ये मकुटघटितं चन्द्रशकलम् ।

विपर्यासन्यासादुभयमपि संभूय च मिथः

सुधालेपस्यूतिः परिणमति राकाहिमकरः ॥ ४६ ॥

Lalatom lavanya-dyuthi-vimalamaabhati tava yath

Dvithiyam tan manye makuta-ghatitham chandra-sakalam;

Viparyasa-nyasad ubhayam api sambhuya cha mithah

Sudhalepa-syutih pareenamati raka-himakarah.

I suspect oh, mother, that your forehead, which shines with the beauty of the moon, is but an imprisoned half moon, by your glorious crown, for if joined opposite to the inverted half moon in your crown, it would give out the nectar like luster, of the moon on a full moon day.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering honey, milk and payasam as prasadam, it is believed that they will be blessed with a son and also to get all riches.

SOUNDARYA LAHARI

SLOKA -47

Victory in all Efforts

भ्रुवौ भुग्ने किञ्चिद्भुवनभयभङ्गव्यसननि

त्वदीये नेत्राभ्यां मधुकररुचिभ्यां धृतगुणम् ।

धनुर्मन्ये सव्येतरकरगृहीतं रतिपतेः

प्रकोष्ठे मुष्टौ च स्थगयति निगूढान्तरमुमे ॥ ४७ ॥

Bhruvau bhugne kinchit bhuvana-bhaya-bhanga-vyasanini

Tvadhiye nethrabhyam madhukara-ruchibhyam dhrita-gunam;

Dhanur manye savye'tara-kara-grhitam rathipateh

Prakoshte mushtau ca sthagayati nigudha'ntharam ume

Oh goddess Uma, she who removes fear from the world, the slightly bent eye brows of yours, tied by a hoard of honey bees forming the string feel resembles the bow of the god of love held by his left hand .and having hidden middle part, hid by the wrist, and folded fingers.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 25 days, offering honey,fruits and coconut as prasadam, it is believed that they will be achieve success in all efforts.

SOUNDARYA LAHARI

SLOKA -48

Removal of Problems created by Nine Planets

अहः सूते सव्यं तव नयनमर्कात्मकतया

त्रियामां वामं ते सृजति रजनीनायकतया ।

तृतीया ते दृष्टिर्दरदलितहेमाम्बुजरुचिः

समाधत्ते संध्यां दिवसनिशयोरन्तरचरीम् ॥ ४८ ॥

Ahah sute savyam tava nayanam ark'athmakathaya

Triyamam vamam the srujati rajani-nayakataya;

Trithiya the drishtir dhara-dhalita-hemambuja-ruchih

Samadhatte sandhyam divasa-nisayor antara-charim

Right eye of yours is like the sun, and makes the day, left eye of yours is like the moon, and creates the night, thine middle eye, which is like the golden lotus bud, slightly opened in to a flower, makes the dawn and the dusk.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 9 days, offering variety rice ,fruits and honey as prasadam, they are said to overcome all problems caused by nine planets.

SOUNDARYA LAHARI

SLOKA -49

Victory in Everything and Locating of Treasures

विशाला कल्याणी स्फुटरुचिरयोध्या कुवल्यैः

कृपाधाराधारा किमपि मधुराभोगवतिका ।

अवन्ती दृष्टिस्ते बहुनगरविस्तारविजया

ध्रुवं तत्तन्नामव्यवहरणयोग्या विजयते ॥ ४९ ॥

Vishala kalyani sphuta-ruchir ayodhya kuvalayaih

Kripa-dhara-dhara kimapi madhur'a bhogavatika;

Avanthi drishtis the bahu-nagara-vistara-vijaya

Dhruvam tattan-nama-vyavaharana-yogyā vijayate

The look from your eyes, oh goddess is all pervasive, does good to every one, sparkles everywhere, is a beauty that can never be challenged, even by blue lily flowers, is the source of rain of mercy, is sweetness personified, is long and pretty, is capable of saving devotees, is in the several cities as its victory.and can be called by several names, according to which aspect one sees.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 10 days, offering honey and pongal as prasadam, it is believed that they are assured of locating all riches and treasures.

SOUNDARYA LAHARI

SLOKA -50

Seeing afar and Curing of Small-Pox

कवीनां संदर्भस्तवकमकरन्दैकरसिकं

कटाक्षव्याक्षेपभ्रमरकलभौ कर्णयुगलम् ।

अमुञ्चन्तौ दृष्ट्वा तव नवरसास्वादतरला-

वसूयासंसर्गादलिकनयनं किञ्चिदरुणम् ॥५०॥

Kavinam sandharbha-sthabaka-makarandh'aika-rasikam

Kataksha-vyakshepa-bhramara-kalabhau-karna-yugalam;

Amunchantau drshtva tava nava-ras'asvada tharalau-

Asuya-samsargadhalika-nayanam kinchid arunam.

Thine two long eyes, oh goddess, are like the two little bees which want to drink the honey, and extend to the ends, with a pretense of side glances, to thine two ears, which are bent upon drinking the honey, from the flower bunch of poems presented by your devotees, and make thine third eye light purple, with jealousy and envy.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 5 days, offering sugar and sugarcane as prasadam, it is believed that they will be cured from pox and other diseases.

SOUNDARYA LAHARI

SLOKA -51

Attracting all People

शिवे शृङ्गारार्द्रा तदितरजने कुत्सनपरा

सरोषा गङ्गायां गिरिशचरिते विस्मयवती ।

हराहिभ्यो भीता सरसिरुहसौभाग्यजयिनी

सखीषु स्मेरा ते मयि जननी दृष्टिः सकरुणा ॥५१॥

Shive sringarardhra tad-ithara-jane kutsana-paraa

Sarosha Gangayam Girisa-charite'vismayavathi;

Har'ahibhyo bhita sarasi-ruha-saubhagya-janani

Sakhishu smera the mayi janani dristih sakaruna

Mother of all universe, the look from your eyes, is kind and filled with love, when looking at your lord, is filled with hatred at all other men, is filled with anger when looking at ganga, the other wife of your lord, is filled with wonder, when hearing the stories of your lord, is filled with fear, when seeing the snakes worn by your lord, is filled with red color of valor of the pretty lotus fine, is filled with jollity, when seeing your friends, and filled with mercy, when seeing me.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering honey and vada (urad dhal)as prasadam, it is believed that they will be able to attract all people and head the world.

SOUNDARYA LAHARI

SLOKA -52

Victory in Love and Curing of Diseases of Ears and Eye

गते कर्णाभ्यर्णं गरुत इव पक्ष्माणि दधती

पुरां भेत्तुश्चित्तप्रशमरसविद्रावणफले ।

इमे नेत्रे गोत्राधरपतिकुलोत्तंसकलिके

तवाकर्णाकृष्टस्मरशरविलासं कलयतः ॥५२॥

Gathe karnabhyarnam garutha iva pakshmani dhadhati.

Puraam bhetthus chitta-prasama-rasa-vidhravana-phale;

Ime nethre gothra-dhara-pathi-kulottamsa-kalike

Tav'akarn'akrishta-smara-sara-vilasam kalayathah.

Oh, flower bud, who is the head gear, of the king of mountains, wearing black eye brows above, resembling the feathers of eagle, and determined to destroy peace, from the mind of he who destroyed the three cities, your two eyes elongated up to thine ears, enact the arrows of the god of love.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering tillannam(Elu rice) as prasadam, it is believed that all problems relating to ears and eyes will be resolved.

SOUNDARYA LAHARI

SLOKA -53

Attracting all the World and Seeing Goddess in Person

विभक्तत्रैवर्ण्यं व्यतिकरितलीलाञ्जनतया

विभाति त्वन्नेत्रत्रितयमिदमीशानदयिते ।

पुनः स्रष्टुं देवान् द्रुहिणहरिरुद्रानुपरतान्

रजः सत्त्वं विभ्रत्तम इति गुणानां त्रयमिव ॥५३॥

Vibhaktha-traivarnyam vyatkaritha-lila'njanathaya

Vibhati tvan-netra-trithayam idam Isana-dayite;

Punah strashtum devan Druhina-Hari-Rudran uparatan

Rajah sattvam vibhrat thama ithi gunanam trayam iva

Oh, darling of god Shiva, those three eyes of thine, colored in three shades, by the eye shades you wear, to enhance thine beauty, wear the three qualities, of satvam, rajas and thamas, as if to recreate the holy trinity, of Vishnu, Brahma and rudra, after they become one with you, during the final deluge.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering milk payasam as prasadam, it is believed that they will be blessed by the lord with all wishes. This is usually chanted by performing puja to holy lamp (deepam).

SOUNDARYA LAHARI

SLOKA -54

Destruction of all sins and Curing of Eye Diseases

पवित्रीकर्तुं नः पशुपतिपराधीनहृदये

दयामित्रैर्नेत्रैररुणधवलश्यामरुचिभिः ।

नदः शोणो गङ्गा तपनतनयेति ध्रुवममुं

त्रयाणां तीर्थानामुपनयसि संभेदमनघम् ॥५४॥

Pavithrikarthum nah pasupathi-paradheena-hridhaye

Daya-mithrair nethrair aruna-dhavala-syama ruchibhih;

Nadah sono ganga tapana-tanay'eti dhruvamamum

Trayanam tirthanam upanayasi sambhedam anagham.

She who has a heart owned by pasupathi, your eyes which are the companions of mercy, coloured red, white and black, resemble the holy rivers, sonabhadra, which is red, ganga which is white, yamuna, the daughter of sun, which is black, and is the confluence of these holy rivers, which remove all sins of the world. We are certain and sure, that you made this meet and join, to make us, who see you, as holy.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering kula (dhal) payasam as prasadam, all problems relating to eyes are cured with ease.

SOUNDARYA LAHARI

SLOKA -55

Power to Protect and Curing of Diseases of Kidney

निमेषोन्मेषाभ्यां प्रलयमुदयं याति जगती

तवेत्याहुः सन्तो धरणिधरराजन्यतनये ।

त्वदुन्मेषाज्जातं जगदिदमशेषं प्रलयतः

परित्रातुं शङ्के परिहृतनिमेषास्तव दृशः ॥५५॥

Nimesh'onmeshabhyam pralayam udayam yaati jagati

Tave'ty ahuh santho Dharani-dhara-raajanya-thanaye;

Tvad-unmeshaj jatham jagad idham asesham pralyatah

Pari-tratham sankhe parihruta-nimeshas tava drusah.

The learned sages tell, oh, daughter of the king of mountain, that this world of us, is created and destroyed, when you open and shut, your soulful eyes believe my mother, that you never shut your eyes, so that this world created by you, never, ever faces deluge.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 2500 times a day for 45 days, offering payasam, coconut, beetel leavea and beetel nut as nivedhyam , it is believed that kidney disorders are cured fast.

SOUNDARYA LAHARI

SLOKA -56

To get freed from Imprisonment and Curing of Eye Diseases

तवापर्णे कर्णेजपनयनपैशुन्यचकिता

निलीयन्ते तोये नियतमनिमेषाः शफरिकाः ।

इयं च श्रीर्बद्धच्छदपुटकवाटं कुवलयम्

जहाति प्रत्यूषे निशि च विघटय्य प्रविशति ॥५६॥

Tav'aparne karne-japa-nayana-paisunya-chakita

Niliyante thoye niyatham animeshah sapharikah;

Iyam cha srir baddhasc-chada-puta-kavaiam kuvalayam

Jahati pratyupe nisi cha vighatayya pravisathi.

Oh, she who is begotten to none, it is for sure, that the black female fish in the stream, are afraid to close their eyes. fearing that thine long eyes, resembling them all, would murmur bad about them, in your ears to which they are close by it is also for sure, that the goddess Lakshmi, enters the blooming blue lily flowers, before your eyes close at night, and reenter in the morn when they open.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 20000 times a day for 45 days, offering honey as prasadam, it is said that one will be freed from imprisonment and also gets solution for eye related issues.

SOUNDARYA LAHARI

SLOKA -57

All round Luck

दृशा द्राघीयस्या दरदलितनीलोत्पलरुचा

दवीयांसं दीनं स्नपय कृपया मामपि शिवे ।

अनेनायं धन्यो भवति न च ते हानिरियता

वने वा हर्म्ये वा समकरनिपातो हिमकरः ॥५७॥

Drisa draghiyasya dhara-dhalita-nilotpala-rucha

Dhaviyamsam dhinam snapaya kripaya mam api Sive;

Anenayam dhanyo bhavathi na cha the hanir iyata

Vane va harmye va sama-kara-nipaatho himakarah

She who is the consort of Lord Shiva, Please bathe me with your merciful look, from your eyes which are very long, and have the glitter of slightly opened, Blue lotus flower divine. By this look I will become rich with all that is known, and you do not loose anything whatsoever, For does not the moon shine alike, In the forest and palaces great.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 25000 times a day for 6 days, offering honey payasam as prasadam, one will be blessed by the Goddess for good luck.

SOUNDARYA LAHARI

SLOKA -58

Cure from all Diseases and Victory in Love

अरालं ते पालीयुगलमगराजन्यतनये

न केषामाधत्ते कुसुमशरकोदण्डकुतुकम् ।

तिरश्चीनो यत्र श्रवणपथमुल्लङ्घ्य विलस-

न्नपाङ्गव्यासङ्गो दिशति शरसंधानधिषणाम् ॥ ५८ ॥

Araalam the paali-yugalam aga-rajanya-thanaye

Na kesham adhatte kusuma-shara-kodhanda kuthukam;

Tiraschino yathra sravana-patham ullanghya vilasann-

Apaanga-vyasango disati sara-sandhana-dhisanam

Oh goddess, who is the daughter of king of mountains, who will not but believe, that the two arched ridges between your eyes and ears, are the flower bow of the god of love, side glances of your eyes, piercing through these spaces, makes one wonder as if the arrows have been, sent through thine ears.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 5000 times a day for 45 days, offering honey and variety rice as nivedhyam, one will be able to attract all people and get rid from all diseases.

SOUNDARYA LAHARI

SLOKA -59

Attracting Everyone

स्फुरद्गण्डाभोगप्रतिफलितताटङ्कयुगलं
चतुश्चक्रं मन्ये तव मुखमिदं मन्मथरथम् ।
यमारुह्य द्रुह्यत्यवनिरथमर्केन्दुचरणं
महावीरो मारः प्रमथपतये सज्जितवते ॥५९॥

Sphurad-ganddabhoga-prathiphalitha-thatanka yugalam

Chatus-chakram manye thava mukham idam manmatha-ratham;

Yam-aruhya druhyaty avani-ratham arkendhu-charanam

Mahaviro marah pramatha-pathaye sajjitavate.

I feel that thine face, with the pair of ear studs, reflected in thine two mirror like cheeks is the four wheeled chariot, of the god of love perhaps he thought he can win lord Shiva, who was riding in the chariot of earth, with sun and moon as wheels, because he was riding in this chariot.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 25000 times a day for 3 days, offering honey and pongal as nivedhyam, it is believed that they will be able to attract everyone.

SOUNDARYA LAHARI

SLOKA -60

Giving Power of Speech to Dumb and Making your Predictions Come True

सरस्वत्याः सूक्तीरमृतलहरीकौशलहरीः

पिबन्त्याः शर्वाणि श्रवणचुलुकाभ्यामविरलम् ।

चमत्कारश्लाघाचलितशिरसः कुण्डलगणो

झणत्कारैस्तारैः प्रतिवचनमाचष्ट इव ते ॥ ६० ॥

Sarasvatyah sukthir amrutha-lahari-kaushala-harih

Pibanthyah Sarvani Sravana-chuluk abhyam aviralam;

Chamathkara-slagha-chalita-sirasah kundala-gano

Jhanatkarais taraih prati-vachanam achashta iva te.

Oh goddess, who is the consort of lord Shiva, your sweet voice which resembles, the continuous waves of nectar ,fills the ear vessels of Saraswathi, without break, and she shakes her head hither and thither, and the sound made by her ear studs, appear as if they applaud your words.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering milk payasam and honey as prasadam, it is believed that they will be blessed with divine knowledge and the power to bring their utterances true.

SOUNDARYA LAHARI

SLOKA -61

Victory over Mind and Getting of Wealth

असौ नासावंशस्तुहिनगिरिवंशध्वजपटि
त्वदीयो नेदीयः फलतु फलमस्माकमुचितम् ।

वहन्नन्तर्मुक्ताः शिशिरतरनिश्वासगलितं

समृद्ध्या यत्तासां बहिरपि च मुक्तामणिधरः ॥ ६१ ॥

Asau naasa-vamsas tuhina-girivamsa-dhvajapati

Thvadhiyo nedhiyah phalatu phalam asmakam uchitam;

Vahathy anthar muktah sisira-kara-nisvasa galitham

Samruddhya yat tasam bahir api cha mukta-mani-dharah

Oh goddess, who is the flag of the clan of Himalayas, let your nose which is like a thin bamboo, give us the blessings which are apt and near feel mother that you are wearing a rare pearl, brought out by your breath, through your left nostril, for your nose is a storehouse, of rarest pearls divine.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 12000 times a day for 8 days, offering pongal,honey,fruits and coconut as prasadam, it is believed that they will be achieve success in all efforts and blessed with all wealth.

SOUNDARYA LAHARI

SLOKA -62

Good Sleep

प्रकृत्या रक्तायास्तव सुदति दन्तच्छदरुचेः

प्रवक्ष्ये सादृश्यं जनयतु फलं विद्रुमलता ।

न बिम्बं तद्विम्बप्रतिफलनरागादरुणितं

तुलामध्यारोढुं कथमिव विलज्जेत कलया ॥ ६२ ॥

Prakrithya'rakthayas thava sudhati dantha-cchada-ruchaih

Pravakshye saadrisyam janayathu phalam vidhruma-latha;

Na bimbam tad-bimba-prathiphalana-raagad arunitham

Thulam adhya'rodhum katham iva bhilajjetha kalaya.

Oh goddess who has beautiful rows of teeth tried to find a simile to your blood red lips, and can only imagine the fruit of the coral vine. The fruits of the red cucurbit, hang its head in shame, on being compared to your lips, as it has tried to imitate its color from you, and know that it has failed miserably.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 8 days, offering Maashannam(Urad Dhal rice) as prasadam, it is believed that they will be blessed by the lord to have a peaceful sleep.

SOUNDARYA LAHARI

SLOKA -63

Bewitching All

स्मितज्योत्स्नाजालं तव वदनचन्द्रस्य पिबतां

चकोराणामासीदतिरसतया चञ्चुजडिमा ।

अतस्ते शीतांशोरमृतलहरीमम्लरुचयः

पिबन्ति स्वच्छन्दं निशि निशि भृशं काञ्जिकधिया ॥ ६३ ॥

Smitha-jyothsna-jalam thava vadana-chandrasya pibatham

Chakoranam asid athi-rasataya chanchu-jadima;

Athas the sithamsor amrtha-laharim amla-ruchayah

Pibanthi svacchhandam nisi nisi bhrusam kaanjika-dhiya.

The Chakora birds, Feel that their tongues have been numbed, by forever drinking, The sweet nectar like light emanating, from your moon like face, and for a change wanted to taste, The sour rice gruel during the night, and have started drinking, The white rays of the full moon in the sky.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 30000 times a day for 30 days, offering curd rice honey,fruits and coconut as prasadam, they are said to create an good impression in others .

SOUNDARYA LAHARI

SLOKA -64

Curing diseases for women and attaining wisdom

अविश्रान्तं पत्युर्गुणगणकथाम्रेडनजपा

जपापुष्पच्छाया तव जननि जिह्वा जयति सा ।

यदग्रासीनायाः स्फटिकदृषदच्छच्छविमयी

सरस्वत्या मूर्तिः परिणमति माणिक्यवपुषा ॥ ६४ ॥

Avishrantam pathyur guna-gana-katha'mridana-japa

Japa-pushpasc-chaya thava janani jihva jayathi saa;

Yad-agrasinayah sphatika-drishad-acchac-chavi mayi

Sarasvathya murthih parinamati manikya-vapusha.

Mother mine, the well known tongue of yours, which without rest chants and repeats, the many goods of your consort, Shiva, is red like the hibiscus flower the goddess of learning Saraswathi, sitting at the tip of your tongue, though white and sparkling like a crystal, turns red like the ruby, because of the color of your tongue.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 25000 times a day for 18 days, offering d Kula(dhal) Payasam as prasadam, it is believed that they will be achieve success in all efforts and cures all disorders for feminine gender.

SOUNDARYA LAHARI

SLOKA -65

Victory and Control over Words

रणे जित्वा दैत्यानपहृतशिरस्त्रैः कवचिभिर्-

निवृत्तैश्चण्डांशत्रिपुरहरनिर्माल्यविमुखैः ।

विशाखेन्द्रोपेन्द्रैः शशिविशदकर्पूरशकला

विलीयन्ते मातस्तव वदनताम्बूलकबलाः ॥ ६५ ॥

Rane jithva'daithyan apahrutha-sirastraih kavachibhir

Nivrittais Chandamsa-Tripurahara-nirmalva-vimukhah;

Visakh'endr'opendraith sasi-visadha-karpura-sakala

Viliyanthe maatas tava vadana-tambula-kabalah.

Oh mother of the world, the lords Subrahmanya, Vishnu and Indra, returning and resting after the war with asuras have removed their head gear, and wearing the iron jackets, are not interested in the left over, after the worship of Shiva ,which belongs to chandikeswara, and are swallowing with zest, the half chewed betel, from your holy mouth, which has the camphor as white as the moon.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering honey as prasadam, it is believed that they will be achieve success in all efforts.

SOUNDARYA LAHARI

SLOKA -66

Sweet Words and Mastery in Music

विपञ्च्या गायन्ती विविधमपदानं पशुपतेः

त्वयारब्धे वक्तुं चलितशिरसा साधुवचने ।

तदीयैर्माधुर्यैरपल्पिततन्त्रीकलरवां

निजां वीणां वाणी निचुलयति चोलेन निभृतम् ॥ ६६ ॥

Vipanchya gayanthi vividham apadhanam Pasupathea

Thvay'arabdhe vakthum chalita-sirasa sadhuvachane;

Tadhiyair madhuryair apalapitha-tantri-kala-ravam

Nijaam vinam vani nichulayati cholena nibhrutham.

Oh mother of all, when you start nodding your head, muttering sweetly, good, good, to the goddess Saraswathi, when she sings the great stories to you, of Pasupathi our lord, with the accompaniment of her veena, she mutes the veena by the covering cloth, so that the strings throwing sweetest music, are not put to shame, by your voice full of sweetness.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 5000 times a day for 3 days, offering as sweet pongal (kudaannam) as prasadam, it is believed that they will be achieve mastery in music and musical instruments.

SOUNDARYA LAHARI

SLOKA -67

Appearance in Person of the Goddess

कराग्रेण स्पृष्टं तुहिनगिरिणा वत्सलतया

गिरीशेनोदस्तं मुहुरधरपानाकुलतया ।

करग्राह्यं शम्भोर्मुखमुकुरवृन्तं गिरिसुते

कथङ्कारं ब्रूमस्तव चिबुकमौपम्यरहितम् ॥ ६७ ॥

Karagrena sprustam thuhina-girina vatsalathaya

Girisen'odasthama muhur adhara-pan'akulataya;

Kara-grahyam sambhor mukha-mukura-vrintham Giri-sute

Kadham-karam bramas thava chubukam aupamy-rahitham.

Oh daughter of the mountain, how can we describe the beauty of your chin, which was with affection caressed, by the tip of his fingers by your father himavan, which was oft lifted by the lord of the mountain, Shiva, in a hurry to drink deeply from your lips; which was so fit to be touched by his fingers; which did not have anything comparable, and which is the handle of the mirror of your face.

Chanting procedure and Nivedyam(offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering paysam and thambulam as prasadam, they will get an opportunity to see the lord in person and achieve success in all respects.

SOUNDARYA LAHARI

SLOKA -68

Attracting the King

भुजाश्लेषान् नित्यं पुरदमयितुः कण्टकवती

तव ग्रीवा धत्ते मुखकमलनालश्रियमियम् ।

स्वतः श्वेता कालागुरुबहुलजम्बालमलिना

मृणालीलालित्यम् वहति यदधो हारलतिका ॥ ६८ ॥

Bhujasleshan nithyam Pura-damayituh kantaka-vathi

Tava griva dhatte mukha-kamalanaala-sriyam iyam;

Svatah swetha kaalaagaru-bahula-jambala-malina

Mrinali-lalithyam vahati yadadho hara-lathika.

Your neck appears full of thorns always, due to the hairs standing out, by the frequent embrace of thy lord, who destroyed the three cities. and looks like the beauty of the stalk, of your lotus like face. the chain of white pearls worn below, is dulled by the incense and myrrh, and the paste of sandal applied there, and is like the tender stalk, dirtied by the bed of mud.

Chanting procedure and Nivedyam (offerings to the Lord) :

It is made open to public that this Sloka should be chanted only after being properly guided by a Guru.

SOUNDARYA LAHARI

SLOKA -69

Mastery over Music

गले रेखास्तिस्रो गतिगमकगीतैकनिपुणे

विवाहव्यानद्धप्रगुणगुणसंख्याप्रतिभुवः ।

विराजन्ते नानाविधमधुररागाकरभुवां

त्रयाणां ग्रामाणां स्थितिनियमसीमान इव ते ॥ ६९ ॥

Gale rekhas thisro gathi-gamaka-gith'aika nipune

Vivaha-vyanaddha-praguna-guna-samkhya-prahibhuvah;

Virajanthe nana-vidha-madhura-ragakara-bhuvam

Thrayanam gramanam sthithi-niyama-seemana iva the.

She who is an expert in gathi, gamaka and geetha, the three lucky lines on your neck, perhaps remind one, of the number of the well tied manifold thread, tied during your marriage, and also remind of the place, in your pretty neck, where originates the three musical notes, of shadja, madhyama and gandhara. (the three major parts of karnatic classical music - procedure, undulations and song)

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering thambulam, honey, fruits and coconut as prasadam, it is believed that they will be achieve success in all efforts.

SOUNDARYA LAHARI

SLOKA -70

Compensation for Mistakes done to God Shiva

मृणालीमृद्धीनां तव भुजलतानां चतसृणां

चतुर्भिः सौन्दर्यं सरसिजभवः स्तौति वदनैः ।

नखेभ्यः सन्त्रस्यन् प्रथममथनादन्धकरिपो-

ञ्चतुर्णां शीर्षाणां सममभयहस्तार्पणधिया ॥ ७० ॥

Mrinali-mridhvinam thava bhuja-lathanam chatasrinam

Chaturbhih saundaryam Sarasija-bhavah stauthi vadanaih;

Nakhebhyah samtrasyan prathama-madhanadandhaka-ripo

Chaturnam sirshanam samam abhaya-hasth'arapana-dhiya.

Brahma, the god born out of lotus, afraid of the nails of Shiva ,who killed the asura called andhaka, which has clipped of one of his heads, praises with his four faces, your four pretty, tender hands, resembling the lotus flower stalk, so that he can ask for protection for his remaining four heads, by use of your four merciful hands at the same time.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering thambulam and yellow colored rice (Haridhraannam) as prasadam, it is believed that they will be achieve success in all efforts and victory in all walks of life.

SOUNDARYA LAHARI

SLOKA -71

Getting of Wealthand making slave of Yakshini

नखानामुद्द्योतैर्नवनलिनरागं विहसतां

कराणां ते कान्तिं कथय कथयामः कथमुमे ।

कयाचिद्वा साम्यं भजतु कलया हन्त कमलं

यदि क्रीडल्लक्ष्मीचरणतललाक्षारसच्छणम् ॥ ७१ ॥

Nakhanam uddyotai nava-nalina-ragam vihasatham

Karanam te kantim kathaya kathayamah katham Ume;

Kayachid va samyam bhajatu kalaya hanta kamalam

Yadi kridal-lakshmi-charana-tala-laksha-rasa-chanam.

Oh goddess uma,you only tell us, how,how we can describe,the shining of your hands,by the light of your nails,which tease the redness of freshly opened lotus?perhaps if the red lotus mixes,with the liquid lac adorning,the feet of Lakshmi,some resemblance can be seen.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 12000 times a day for 45 days, offering honey as prasadam, it is believed that they can control Yakshinis(Devatha)

SOUNDARYA LAHARI

SLOKA -72

Conquering fear of Darkness, Getting Grace from Goddess

समं देवि स्कन्दद्विपवदनपीतं स्तनयुगं

तवेदं नः खेदं हरतु सततं प्रस्नुतमुखम् ।

यदालोक्याशङ्काकुलितहृदयो हासजनकः

स्वकुम्भौ हेरम्बः परिमृशति हस्तेन झडिति ॥ ७२ ॥

Samam devi skanda dwipa vadana peetham sthanayugam

Thavedham na khedham harathu sathatham prasnutha mukham

Yada loakakhya sankha kulitha hridayo hasa janaka

Swa kumbhou herambha parisrusathi hasthena jhhaddithi

Which have faces that always,give out milk,and are simultaneously drunk deeply.by skanda and the elephant faced ganesha,destroy all our sorrows.seeing them and getting confused,the herambha feels for his two frontal globes,to see whether they are there,making you both laugh.

Herambha - another name for lord ganesha

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering honey as prasadam, it is believed that they can overcome forms of fear in life.

SOUNDARYA LAHARI

SLOKA -73

Production of Milk and Redemption

अमू ते वक्षोजावमृतरसमाणिक्यकुतुपौ

न संदेहस्पन्दो नगपतिपताके मनसि नः ।

पिबन्तौ तौ यस्मादविदितवधूसङ्गरसिकौ

कुमारावद्यापि द्विरदवदनक्रौञ्चदलनौ ॥ ७३ ॥

Amuu theey vakshoja vamrutharasa manikhya kuthupou

Na sadhehaspatho nagapathi pathake manasi na

Pibhanthou thow yasma dhavadhitha bhadusangha rasikou

Kumara vadhyapi dwiradhavadhana krouncha dhalanou

Oh, victory flag of the king of mountains,we never have any doubt in our mind,that your two breasts divine,are the nectar filled pot made of rubies,for the elephant faced one,and he who killed crownchatura,even today do not know the pleasure of women,and remain as young children.

Crownchatura -God Subrahmanya

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 8 days, offering honey as prasadam, it is believed that there will be production of milk in abundance.

SOUNDARYA LAHARI

SLOKA -74

Good Fame

वहृत्यम्ब स्तम्बेरमदनुजकुम्भप्रकृतिभिः

समारब्धां मुक्तामणिभिरमलां हारलतिकाम् ।

कुचाभोगो बिम्बाधररुचिभिरन्तः शबलितां

प्रतापव्यामिश्रां पुरदमयितुः कीर्तिमिव ते ॥ ७४ ॥

Bahathyambha sthamberam dhanuja kumbha prakrithibhi

Samaarabhdham muktha mamibhi ramalam haara lathikam

Kuchabhogo bhimbhadara ruchibhi rathna saabhalitham

Prathapa vyamishram puradamayithu keerthimiva thee

Oh mother mine.the center place of your holy breasts,wear the glittering chain,made out of the pearls,recovered from inside the head of gajasura,and reflect the redness of your lips,resembling the bimba fruits,and are coloured red inside.you wear the chain with fame,like you wear the fame of our lord.who destroyed the three cities.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 108 times a day for 3 days, offering milk payasam as prasadam, it is believed that they will attain popularity in their life.

SOUNDARYA LAHARI

SLOKA -75

Capacity to Write Poems

तव स्तन्यं मन्ये धरणिधरकन्ये हृदयतः

पयःपारावारः परिवहति सारस्वतमिव ।

दयावत्या दत्तं द्रविडशिशुरास्वाद्य तव यत्

कवीनां प्रौढानामजनि कमनीयः कवयिता ॥ ७५ ॥

Twa stanyam manye dharanidhara kanye hridhayatha

Paya paraabhaara parivahathi saaraswathamiva

Dhayavathya dhattham dravida sisu raaswadhya thava yat

Kaveenam proudana majani kamaniya kavayitha

Oh daughter of the king of mountains,I feel in my mind,That the milk that flows from your breast,Is really the goddess of learning, Sarswathi,In the form of a tidal wave of nectar.For, milk given by you, who is full of mercy,Made the child of Dravida,The king among those great poets,Whose works stole one's mind.

Child of Dravida refers to The Tamil poet Tirugnana Sambandar who preceded Sankara

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 12000 times a day for 3 days, offering honey, pongal and fruits as prasadam, one is said to attain the power to concentrate in their work and turn as a scholar.

SOUNDARYA LAHARI

SLOKA -76

Complete Renunciation and Victory in Love

हरक्रोधज्वालावलिभिरवलीढेन वपुषा

गभीरे ते नाभीसरसि कृतसङ्गो मनसिजः ।

समुत्तस्थौ तस्मादचलतनये धूमलतिका

जनस्तां जानीते तव जननि रोमावलिरिति ॥ ७६ ॥

Hara krodha jwalaavalibhir avaleedena vapusha

Gabhire thee nabhisarasi kruthasangho manasija

Samuthasthou thasmath achalathanaye dhoomalathika

Janastham janithe thava janani romaavalirithi

Oh daughter of the mountain,the god of love who is the king of the mind,being lit by the flame of anger of shiva,immersed himself in the deep pond of thine navel.the tendril like smoke emanated from there,and mother, people think,that this is the line of hair,that climbs from your navel upwards.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 10 days, offering curd rice, coconut and fruits as prasadam, it is believed that they can achieve success in life.

SOUNDARYA LAHARI

SLOKA -77

Gaining Micro Sight, Attracting Everyone

यदेतत् कालिन्दीतनुतरतरङ्गाकृति शिवे
कृशे मध्ये किञ्चिज्जननि तव यद्भाति सुधियाम् ।

विमर्दादन्योऽन्यं कुचकलशयोरन्तरगतं
तनूभूतं व्योम प्रविशदिव नाभिं कुहरिणीम् ॥ ७७ ॥

Yadhethath kalindhi thanu thara ngaa kruthi shive

Krushe mahye kinchid janani thawa yadbhathi sudheeyam

Vimardha -dhanyonyam kuchakalasayo -ranthara gatham

Thanu bhootham vyoma pravishadhiva nabhim kuharinim

The mother of universe who is shiva and shakthi,in the narrow part of the middle of your body.the learned men seem to see a line,which is in the shape of a small wave of the river yamuna,and which shines and glitters, and appears like the sky,made very thin by thine dense colliding breasts,entering your cave like navel.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 2000 times a day for 15 days, offering honey and fruits as prasadam, it is believed that they will have the capacity to attract everyone.

SOUNDARYA LAHARI

SLOKA -78

Attracting all the Universe

स्थिरो गङ्गावर्तः स्तनमुकुलरोमावल्लिता-

कलावालं कुण्डं कुसुमशरतेजोहुतभुजः ।

रतेलीलागारं किमपि तव नाभिर्गिरिसुते

बिलद्वारं सिद्धेर्गिरिशयनानां विजयते ॥ ७८ ॥

Sthiro gangavartha sthana mukula romaa vali latha

Kalaabhalam kundam kusuma sara thejo hutha bhuja

Rathe leelamgaram kimapi thava nabhir giri suthe

Bhila dwaram siddhe rgirisa nayanam vijayathe

Oh daughter of the mountain is your navel a whirl pool in river ganga, which looks very stable! or is it the root of the climber, of the stream of your hair line, which has two breasts of yours as buds, or is it the homa fire, where the fire is the light from cupid, or is it the play house of rathi, the wife of god of love, or is it the opening to the cave, in which shiva's tapas gets fulfilled, i am not able to make up my mind!

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 108 times a day for 45 days, offering pongal and Vada (from urad Dhal) as prasadam, it is believed that they will be able to conquer kingdom and attain victory in their life.

SOUNDARYA LAHARI

SLOKA -79

Getting Magical Capability and Bewitching all Others

निसर्गक्षीणस्य स्तनतटभरेण क्लमजुषो

नमन्मूर्तेर्नारीतिलक शनैस्त्रुद्यत इव ।

चिरं ते मध्यस्य त्रुटिततटिनीतीरतरुणा

समावस्थास्थेम्नो भवतु कुशलं शैलतनये ॥ ७९ ॥

Nisargha ksheenasya sthana thata bharena klamajusho

Namanmurthe narree thilaka sanakaii -sthrutayatha eva

Chiram thee Madhyasya thruthitha thatini theera tharuna

Samavasthaa sthemno bhavathu kusalam sailathanaye

Oh daughter of the mountain, you who is the greatest among women, long live your pretty hips, which look fragile, which are by nature tiny, which are strained by your heavy breasts, and hence slightly bent, and which look like the tree, in the eroded banks of a rushing river.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering honey and milk payasam as prasadam, one will obtain the potential to learn magic and gain wisdom.

SOUNDARYA LAHARI

SLOKA -80

Getting Remarkable Beauty and Becoming Expert in Magic

कुचौ सद्यःस्विद्यत्तटघटितकूर्पासभिदुरौ

कषन्तौ दोर्मूले कनककलशाभौ कलयता ।

तव त्रातुं भङ्गादलमिति वलग्नं तनुभुवा

त्रिधा नद्धं देवि त्रिवलि लवलीवल्लिभिरिव ॥ ८० ॥

Kuchou sadhya swidhya-sthata-ghatitha koorpasabhidurou

Kasnthou dhormule kanaka kalasabhou kalayatha

Thava thratham bhangadhalamithi valagnam thanubhava

Thridha naddham devi trivali lavalovallibhiriva

Oh goddess mine,placed just below your shoulders,by cupid, the god of love,tearing your blouse which is attached,to your body by the sweat,when you think of the greatness of your lord,and resembling pots of gold,your breasts appear to be tied by him,securely three times,by the three creeper like folds.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering honey as prasadam, it is believed that they will become expert in magic.

SOUNDARYA LAHARI

SLOKA -81

Stopping Fire

गुरुत्वं विस्तारं क्षितिधरपतिः पार्वति निजा-

न्नितम्बादाच्छिद्य त्वयि हरणरूपेण निदधे ।

अतस्ते विस्तीर्णो गुरुरयमशेषां वसुमतीं

नितम्बप्राग्भारः स्थगयति लघुत्वं नयति च ॥ ८१ ॥

Guruthvam vistharam ksithidharapathi paravathy nijaath

Nithambha Dhhachhidhya twayi harana roopena nidhadhe

Athasthe vistheerno guruyamasesham vasumathim

Nithambha-praabhara sthagayathi lagutwam nayathi cha

Oh, daughter of the mountain,perhaps himavan, the king of mountains,gave readily as dowry to you,the density and breadth from his bottom,so that your behinds are broad and dense.and therefore they both hide all the world,and make the world light.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 16 days, offering Kuda Payasam (Made out of jaggery)and Urad Dhal vada (Maashaboopam) as prasadam, it is said to get relief from fire based calamities.

SOUNDARYA LAHARI

SLOKA -82

Stopping Flood and Getting Powers like Indhra

करीन्द्राणां शुण्डान् कनककदलीकाण्डपटली-

मुभाभ्यामूरुभ्यामुभयमपि निर्जित्य भवती ।

सुवृत्ताभ्यां पत्युः प्रणतिकठिनाभ्यां गिरिसुते

विधिज्ञये जानुभ्यां विबुधकरिकुम्भद्वयमसि ॥ ८२ ॥

Karrendranam sundan kanaka kadhali kaadapatali

Umabhamurubhyam - mubhayamapi nirjithya bhavathi

Savrit habhyam pathyu pranathikatinabham giri suthe

Vidhigne janubhysm vibhudha karikumbha dwayamasi

Oh daughter of the mountain,who knows the rules of the vedas,using your two thighs,you have achieved victory over,the trunks of the elephant,and the golden pseudo stem of group of banana plants,and achieved victory over frontal globes,of Iravatha* the divine elephant,by your holy round knees,which have become hard,by repeated prostrations to your lord.

* Iravatha refers to the elephant on which Indra rides

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering honey and grape fruit as prasadam, it is believed that to overcome disasters such as flood,hurricane etc.

SOUNDARYA LAHARI

SLOKA -83

Stopping of the Army

पराजेतुं रुद्रं द्विगुणशरगर्भौ गिरिसुते
निषङ्गौ जङ्घे ते विषमविशिखो बाढमकृत ।

यदग्रे दृश्यन्ते दशशरफलाः पादयुगली-

नखाग्रच्छन्तानः सुरमकुटशाणैकनिशिताः ॥ ८३ ॥

Paraa jenu rudhram dwigunasara garbhoy girisuthe

Nishanghou Unghe thee vishamavishikho bhada -maakrutha

Yadagre drishyanthe dasa satra phalaa paadayugali

Nakhagrachadhyan sura makuta sanayika nishitha

Oh daughter of the mountain,the five arrowed cupid,to win, rudhra your lord,has made your legs,in to an arrow case,with ten arrows.in the end of the case,are your two feet,studded with ten of your so called nails,which are the ten steel tipped arrows,sharpened on the crowns of devas.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 12 days, offering honey payasam(Out of Urad dhal) as prasadam, it is believed that one can win over battles with enemies and enjoy victory.(Compared to Battles in ancient period with weapons, horses and elephants)

SOUNDARYA LAHARI

SLOKA -84

Getting Redemption and Entering into another's Body

श्रुतीनां मूर्धानो दधति तव यौ शेखरतया

ममाप्येतौ मातः शिरसि दयया धेहि चरणौ ।

ययोः पाद्यं पाथः पशुपतिजटाजूटतटिनी

ययोर्लाक्षालक्ष्मीररुणहरिचूडामणिरुचिः ॥ ८४ ॥

Sruthinam murdhano dadhati thava yau sekharathaya

Mama'py etau Matah sirasi dayaya dhehi charanau;

Yayoh paadhyam paathah Pasupathi-jata-juta-thatini

Yayor larksha-lakshmir aruna-Hari-chudamani-ruchih

Oh mother mine, be pleased to place your two feet, which are the ornaments of the head of upanishads, the water which washes them are the river Ganges, flowing from Shiva's head, and the lac paint adorning which, have the red luster of the crown of Vishnu, on my head with mercy.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 1 year, offering honey, variety rice and milk payasam as prasadam, one is said to enter other one's body.

SOUNDARYA LAHARI

SLOKA -85

Removing Fear of Ghosts

नमोवाकं ब्रूमो नयनरमणीयाय पदयो-
स्तवास्मै द्वन्द्वाय स्फुटरुचिरसालक्तकवते ।
असूयत्यत्यन्तं यदभिहननाय स्पृहयते
पशूनामीशानः प्रमदवनकङ्कलितरवे ॥ ८५ ॥

Namo vakam broomo nayana ramaneeyaya padayo

Thavasmai dwandhaya sphuta ruchi rasalaktha kavathe

Asooyathyantham yadhamihananaaya spruhyathe

Passonamisana pramadhavana kamkhelitharave

We tell our salutations, to thine two sparkling feet, which are most beautiful to the eyes, and painted by the juice of red cotton. We also know well that god of all animals, your consort, is very jealous of the asoka trees in the garden, which yearn for kick by your feet.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 12 days, offering honey, milk payasam as prasadam, it is believed that they can overcome forms of fear of ghosts in life.

SOUNDARYA LAHARI

SLOKA -86

Removing Fear of Ghosts and Victory over Enemies

मृषा कृत्वा गोत्रस्खलनमथ वैलक्ष्यनमितं

ललाटे भर्तारं चरणकमले ताडयति ते ।

चिरादन्तःशल्यं दहनकृतमुन्मूलितवता

तुलाकोटिक्वाणैः किलिकिलितमीशानरिपुणा ॥ ८६ ॥

Mrisha krithva gothra skhalana matha vilakshya namitham

Lalate bhartharam charana kamala thadayathi thee

Chiradantha salyam dhahanakritha -munmilee thavatha

Thula koti kkana kilikilith -meesana ripuna

In a playful mood, after teasing you, about you and your family, and at a loss to control your love tiff, when your consort does prostrations, your lotus like feet touches his forehead, and the god of love, the enemy of your lord, who was burnt, by the fire from his third eye, and was keeping the enmity with your lord, like the ever hurting arrow makes sounds like kili kili*, from your belled anklets on the legs.

* kili kili refers to the sound of teasing also sound from anklets

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 21 days, offering milk payasam, coconut and banana fruit as prasadam, it is believed that they can overcome forms of fear and evil spirit in life.

SOUNDARYA LAHARI

SLOKA -87

Attracting of Serpents

हिमानीहन्तव्यं हिमगिरिनिवासैकचतुरौ
निशायां निद्राणं निशि चरमभागे च विशदौ ।
वरं लक्ष्मीपात्रं श्रियमतिसृजन्तौ समयिनां
सरोजं त्वत्पादौ जननि जयतश्चित्रमिह किम् ॥ ८७ ॥

Himani-hanthavyam hima-giri-nivas'aika-chaturau

Nisayam nidranam nisi charama-bhaghe cha visadau;

Varam lakshmi-pathram sriyam ati srijanthau samayinam

Sarojam thvad-padau janani jayatas chitram iha kim.

Oh mother mine, the lotus flower rots in snow, but your feet are aces in being in snow, the lotus flower sleeps at night, but your feet are wakeful night and after night, the lotus makes the goddess of wealth lakshmi live in it, but your feet gives lakshmi* to its devotees, and so your two feet always wins over the lotus, what is so surprising in this?

*the term wealth is denoted for lakshmi

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 16 days, offering milk payasam ,coconut and fruits as prasadam, it is believed that they can overcome fear of serpents in life.

SOUNDARYA LAHARI

SLOKA -88

Making wild Beasts Obey

पदं ते कीर्तीनां प्रपदमपदं देवि विपदां

कथं नीतं सद्भिः कठिनकमठीकर्परतुलाम् ।

कथं वा बाहुभ्यामुपयमनकाले पुरभिदा

यदादाय न्यस्तं दृषदि दयमानेन मनसा ॥ ८८ ॥

Padham the kirhtinam prapadham apadham Devi vipadham

Katham nitham sadbhih kutina-kamati-karpara-thulam;

Katham vaa bahubhyam upayamana-kaale purabhida

Yad adhaya nyastham drshadi daya-manena manasa.

Oh, goddess devi,how did the poets compare,the foreside of your merciful feet,which are the source of fame to your devotees,and which are not the source of danger to them,to the hard shell of tortoise,i do not understand.how did he who destroyed the three cities,take them in his hand,and place them on hard rock,*during your marriage?

*it denotes a customary rite in Hindu marriage called asmarohanam

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 6 months, offering milk payasam ,coconut and fruits as prasadam, it is believed that they can overcome fear of wild animals and bring them under our control.

SOUNDARYA LAHARI

SLOKA -89

Getting Rid of all Diseases

नखैर्नाकस्त्रीणां करकमलसंकोचशशिभि-
स्तरूणां दिव्यानां हसत इव ते चण्डि चरणौ ।
फलानि स्वःस्थेभ्यः किसलयकराग्रेण ददतां
दरिद्रेभ्यो भद्रां श्रियमनिशमूहाय ददतौ ॥ ८९ ॥

Nakhair naka-sthrinam kara-kamala-samkocha sasibhi

Tarunam dhivyanam hasata iva te chandi charanau;

Phalani svah-sthebhyah kisalaya-karagrena dhadhatam

Daridhrebhyo bhadraam sriyam anisam ahnaya dhadhatau.

Your moon like nails,oh mother who killed chanda,which makes the celestial maidens,fold their hands in shame,forever tease your two feet,which unlike the holy trees in heaven,which by their leaf bud like hands,give all they wish to the gods,give the poor people wealth and happiness,always and fast.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 30 days, offering kula (dal) payasam and honey as prasadam, it is believed that they can overcome all diseases in life.

SOUNDARYA LAHARI

SLOKA -90

Cutting of Bad Spells cast

ददाने दीनेभ्यः श्रियमनिशमाशानुसदृशी-

ममन्दं सौन्दर्यप्रकरमकरन्दम् विकिरति ।

तवास्मिन् मन्दारस्तबकसुभगे यातु चरणे

निमज्जन्मज्जीवः करणचरणः षट्चरणताम् ॥ ९० ॥

Dhadhane dinebhyah sriyam anisam asaanusadhhusim

Amandham saundharya-prakara-makarandham vikirathi;

Tav'asmin mandhara-sthabhaka-subhage yatu charane

Nimajjan majjivah karana-charanah sat-charanathaam.

My soul with six organs, is similar to the six legged honey bees, which dip at your holy feet, which are as pretty, as the flower bunch, of the celestial tree, which always grant wealth to the poor, whenever they wish, and which without break showers floral honey.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 30 days, offering payasam and honey as prasadam, one can overcome the effect of bad spells.

SOUNDARYA LAHARI

SLOKA -91

Getting of Land and Getting Riches

पदन्यासक्रीडापरिचयमिवारब्धुमनसः

स्वलन्तस्ते खेलं भवनकलहंसा न जहति ।

अतस्तेषां शिक्षां सुभगमणिमञ्जीररणित-

च्छलादाचक्षाणं चरणकमलं चारुचरिते ॥ ९१ ॥

Pada-nyasa-kreeda-parichayam iv'arabdhu-manasah

Skhalanthas the khelam bhavana-kala-hamsa na jahati;

Atas tesham siksham subhaga-mani-manjira-ranitha-

Chchalad achakshanam charana-kamalam charu-charite.

She who has a holy life,the swans in your house, follow you without break,as if to learn,your gait which is like a celestial play.so thine lotus like feet,taking recourse to the musical sound,produced by gems in your anklets,appears to teach them what they want.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 2000 times a day for 25 days, offering anything that is considered as best by your goodself as prasadam, it is believed that one will get opportunities to acquire land and accumulate wealth.

SOUNDARYA LAHARI

SLOKA -92

Getting ability to Rule

गतास्ते मञ्चत्वं द्रुहिणहरिरुद्रेश्वरभृतः

शिवः स्वच्छच्छायाघटितकपटप्रच्छदपटः ।

त्वदीयानां भासां प्रतिफलनरागारुणतया

शरीरी शृङ्गारो रस इव दृशां दोग्धि कुतुकम् ॥९२॥

Gataas the mancathvam Druhina-Hari-Rudr'eshavara-bhrutah

Sivah svacchac-chaya-ghatita-kapata-pracchada-pata;

Tvadhyanam bhasaam prati-phalana-rag'arunathaya

Sariri srungaro rasa iva dhrisam dhogdhi kuthukam.

Brahma, Vishnu, Rudhra and Easwara, who are the gods who rule the world, become the four legs of your cot, so that they are able to serve you always Sada Shiva who is white in colour becomes the bed spread on which you sleep, and appears red, because he reflects your colour. and to your eyes which are the personification, of the feelings of love, he gives lot of happiness.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 4000 times a day for 30 days, offering variety rice as prasadam, it is believed that one will get opportunities to conquer kingdom and the ability to rule.

SOUNDARYA LAHARI

SLOKA -93

Fulfillment of Desires

अराला केशेषु प्रकृतिसरला मन्दहसिते

शिरीषाभा चित्ते दृषदुपलशोभा कुचतटे ।

भृशं तन्वी मध्ये पृथुरुरसिजारोहविषये

जगत्त्रातुं शम्भोर्जयति करुणा काचिदरुणा ॥ ९३ ॥

Araala kesheshu prakruthi-saralaa manda-hasithe

Sireeshabha chite drushad upala-sobha kucha-thate;

Bhrusam thanvi madhye pruthur urasijh'aroha-vishaye

Jagat trathum sambhor jayahti karuna kaachid aruna.

Her mercy which is beyond the mind and words of our lord Shiva, is forever victorious in the form of Aruna, so as to save this world. that spirit of mercy is in the form of, curves in her hairs, in the form of natural sweetness in her smile. in the form of pretty tenderness of a flower in her mind, in the form of firmness of a ruby stone in her breasts, in the form of thin seductiveness in her hips, in the form of voluptuousness in her breasts and back.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 2000 times a day for 25 days, offering honey as prasadam, one is said to be bestowed with all they desire in their life.

SOUNDARYA LAHARI

SLOKA -94

Getting all Desires

कलङ्कः कस्तूरी रजनिकरबिम्बं जलमयं

कलाभिः कर्पूरैर्मरकतकरण्डं निबिडितम् ।

अतस्त्वद्भोगेन प्रतिदिनमिदं रिक्तकुहरं

विधिर्भूयो भूयो निबिडयति नूनं तव कृते ॥९४॥

Kalankah kashhuri rajani-kara-bimbham jalamayam

Kalabhih karpurair marakatha-karandam nibiditam;

Athas thvad-bhogena prahti-dinam idam riktha-kuharam

Vidhir bhuyo bhuyo nibidayathi nunam thava krithe.

The moon that we know is thine jewel box, filled with water of incense, the blackness we see in the moon, the musk put for thy use in this box, and the crescents we see of the moon is thy canister of emerald, full of divine camphor. and for sure, brahma the creator refills these daily, after your use, so that they are always full.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 108 times a day for 45 days, offering pongal and fruits as nivedyam, it is said that all their desires will be fulfilled with the blessings of the lord.

SOUNDARYA LAHARI

SLOKA -95

Curing all injuries

पुरारातेरन्तःपुरमसि ततस्त्वच्चरणयोः

सपर्यामर्यादा तरलकरणानामसुलभा ।

तथा ह्येते नीताः शतमुखमुखाः सिद्धिमतुलां

तव द्वारोपान्तस्थितिभिरणिमाद्याभिरमराः ॥ ९५ ॥

Pur'arather antah-puram asi thathas thvach-charanayoh

Saparya-maryadha tharala-karananam asulabha;

Thatha hy'ethe neetah sathamukha-mukhah siddhim athulam

Thava dvar'opantha-sthithibhir anim'adyabhir amarah.

You are leading light of the home of lord shiva, who destroyed the three cities, and so coming near you and worshipping at thine feet, are not for those with weak mind, who do not have control of their senses. and that is why perhaps, indra and other gods, stay outside your gates, and attain your sweet self, by practice of siddhis like anima.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 108 times a day for 45 days, offering Tillannam (Ellu rice) and sugar it is believed that all injuries can be cured.

SOUNDARYA LAHARI

SLOKA -96

Attainment of Knowledge and Wealth

कलत्रं वैधात्रं कतिकति भजन्ते न कवयः

श्रियो देव्याः को वा न भवति पतिः कैरपि धनैः ।

महादेवं हित्वा तव सति सतीनामचरमे

कुचाभ्यामासङ्गः कुरवकतरोरप्यसुलभः ॥९६॥

Kalathram vaidhathram kathi kathi bhajante na kavayah

Sriyo devyah ko va na bhavati pathih kairapi dhanaih;

Mahadevam hithva thava sathi sathinam acharame

Kuchabhyam aasangah kuravaka-tharor apyasulabhah.

Many poets reach the goddess of learning,the wife of the creator,by composing soulful poems.many who search and attain riches,are termed as the lord of the goddess of wealth.oh, first among chaste woman,except lord shiva your consort.Your breasts have not even touched,the holy henna tree. the henna tree is supposed to wish for the embrace of maidens

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 45 days, offering honey and milk payasam as nivedhyam, it is said that they will attain good knowledge and wealth.

SOUNDARYA LAHARI

SLOKA -97

Redemption of the Soul

गिरामाहुर्देवीं द्रुहिणगृहिणीमागमविदो

हरेः पत्नीं पद्मां हरसहचरीमद्रितनयाम् ।

तुरीया कापि त्वं दुरधिगमनिःसीममहिमा

महामाया विश्वं भ्रमयसि परब्रह्ममहिषि ॥ ९७ ॥

Giram aahur devim Druhina-gruhinim agaamavidho

Hareh pathnim padhmam Hara-sahacharim adhri-thanayam;

Thuriya kapi thvam dhuradhigama-niseema-mahima

Maha-maya visvam bhramayasi parabrahma mahishi.

Oh, parashakthi who is one with parabrahma, though those who have learned vedas, call you as brahma's wife sarawathi, or call you as vishnu's wife lakshmi, or call you as shiva's wife parvathi, you are the fourth called maha maya, who gives life to the world, and have attained all that is to attain.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 8 days, offering honey as nivedhyam, it is said that one will attain the power to turn his words true.

SOUNDARYA LAHARI

SLOKA -98

Mastery over Words

कदा काले मातः कथय कलितालक्तकरसं

पिबेयं विद्यार्थी तव चरणनिर्णेजनजलम् ।

प्रकृत्या मूकानामपि च कविताकारणतया

कदा धत्ते वाणीमुखकमलताम्बूलरसताम् ॥१८॥

Kadha kaale mathah kathaya kalith'alakthaka-rasam

Pibheyam vidyarthi thava charana-nirnejana-jalam;

Prakrithya mukhanam api cha kavitha-karanathaya

Kadha dhathe vani-mukha-kamala-thambula-rasatham.

Oh, mother mine,when shall i, who begs for knowledge be able to drink, the nectar like water,flowing from your feet,mixed with reddish lac applied there?when shall that water attain,the goodness of saliva mixed with thambula,*from the mouth of goddess of learning,which made one born as mute,into the king of poets?

* Thambula refers to set of Betel leaves, betel nut and lime used for chewing

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 30 days, offering honey as nivedhyam, it is to be believed that by blessing of the goddess the girl would conceive giving the couple happiness forever.

SOUNDARYA LAHARI

SLOKA -99

Attainment of Ultimate Bliss

सरस्वत्या लक्ष्म्या विधिहरिसपत्नो विहरते

रतेः पातिव्रत्यं शिथिलयति रम्येण वपुषा ।

चिरं जीवन्नेव क्षपितपशुपाशव्यतिकरः

परानन्दाभिख्यम् रसयति रसं त्वद्भजनवान् ॥ ९९ ॥

Saraswathya lakshmya vidhi hari sapatno viharathe

Rathe pathivrithyam sidhilyathi ramyena vapusha

Chiram jivannehva kshapathi pasu pasa vyathikara

Paranandabhikhyam rasayathi rasam twadjanavaan.

Those who worship thee, oh mother, are so learned and so rich, that even brahma and vishnu, are jealous of them they are so handsome, that even the wife of cupid, rathi, yearns for them. he unbound from the ties of this birth, always enjoys ecstatic happiness, and lives for ever.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 15 days, offering Vada(Urad Dal), pongal and honey as nivedyam, one is said to attain all the wealth and comforts in their life.

SOUNDARYA LAHARI

SLOKA -100

Attainment of all Occult Powers

प्रदीपज्वालाभिर्दिवसकरनीराजनविधिः

सुधासूतेश्चन्द्रोपलजललवैरर्घ्यरचना ।

स्वकीयैरम्भोभिः सलिलनिधिसौहित्यकरणं

त्वदीयाभिर्वाग्भिस्तव जननि वाचां स्तुतिरियम् ॥१००॥

Pradhipa-jvalabhir dhivasa-kara-neerajana-vidhih

Sudha-suthes chandropala-jala-lavair arghya-rachana;

Svakiyair ambhobhih salila-nidhi-sauhitya karanam

Tvadiyabhir vagbhis thava janani vacham stutir iyam.

Oh goddess who is the source of all words, this poem which is made of words, that you only made, is like showing the camphor lamp to the sun, is like offering as ablation to the moon, the water got from the moon stone, and is like offering water worship, to the sea.

Chanting procedure and Nivedyam (offerings to the Lord) :

If one chants this verse 1000 times a day for 16 days, offering trimadhuram and lemon (Jambubalam) as nivedhyam, one is said to attain all powers, knowledge, glory and wisdom in their life.

SOUNDARYA LAHARI

समानीतः पङ्खां मणिमुकुरतामम्बरमणि-
भयादन्तःस्तिमितकिरणश्रेणिमसृणः ।
दधाति त्वद्वक्त्रंप्रतिफलनमश्रान्तविकचं
निरातङ्कं चन्द्रान्निजहृदयपङ्केरुहमिव ॥१०१॥

समुद्भूतस्थूलस्तनभरमुरश्चारु हसितं
कटाक्षे कन्दर्पः कतिचन कदम्बद्युति वपुः ।
हरस्य त्वद्भ्रान्तिं मनसि जनयाम् स्म विमला
भवत्या ये भक्ताः परिणतिरमीषामियमुमे ॥१०२॥

निधे नित्यस्मेरे निरवधिगुणे नीतिनिपुणे
निराघातज्ञाने नियमपरचित्तैकनिलये ।
नियत्या निर्मुक्ते निखिलनिगमान्तस्तुतिपदे
निरातङ्के नित्ये निगमय ममापि स्तुतिमिमाम् ॥१०३॥

॥ इति श्रीमत्परमहंसपरिव्राजकाचार्यस्य
श्रीगोविन्दभगवत्पूज्यपादशिष्यस्य
श्रीमच्छङ्करभगवतः कृतौ सौन्दर्यलहरी संपूर्णा

॥ ॐ तत्सत् ॥